



## NARFE CHAPTER 378, Lawrence, KS Newsletter September 2017

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NARFE NET Coor	Jerry Feese	785-842-4330

### SEPTEMBER 20<sup>TH</sup> MEETING R. LEMMONS

NARFE Free State Chapter 378 will meet Wednesday, September 20, 2017, at noon, in the south room of Conroy's. September's presenter is Chad Lawhorn, editor of the *LAWRENCE JOURNAL WORLD* and author of several front-page articles. Don't miss this one. Lawhorn has presented to Chapter 378 before, and he is always interesting and informative.

The presentation begins at noon, followed by lunch, and a brief meeting. Lunch is optional. The cost is \$10 and includes a choice of 1 of 3 entrées, coffee or tea, and gratuity.

The speaker for October's meeting will be Lawrence's Mayor or the vice Mayor. The October meeting will be at Chipperfield Club House, The October newsletter will have a map to the Chipperfield Club House.

### RECAP AUGUST 16<sup>TH</sup> MEETING

Will Averill has been Director of Community Engagement at the Willow since December 2017, and is incredibly happy to be able to speak with members of the community about the vital services The Willow provides. Will was born and raised in Lawrence, graduated from the University of Kansas, left for a while, came back, got married, and is now the proud father of a precocious 2-year old. And yes, he is Rich and Jeanne Averill's son, for those of you familiar with Lawrence theatricals!

The Willow provides services including safe shelter, a health and wellness program, children's services, and support services to survivors of domestic violence and human trafficking in the Douglas, Jefferson, and Franklin county areas. Human trafficking services include

As a Willow Director, Will has helped create partnerships with the Lawrence Public Library, Network for Good, the Lawrence Loop, and helped develop and produce the Willow's first large-scale fund-raiser at Liberty Hall.

For survivors of domestic violence or human trafficking (forced labor and sexual exploitation), services help with the court system, and provide safe haven for those with domestic violence.

What is domestic violence? It ranges from physical violence, which is usually the final stage, to alcohol, drugs, rage, and power over another. One in

### KUDOS AND THANK YOU'S

- Dianne Throop for volunteering to organize the October Chapter meeting to be held at the Chipperfield Club House.
- John Rowe for securing the Chipperfield Club House for the October meeting.

### ALZHEIMER'S JOHN SCOTT

There was a donation of \$121 at the August meeting. The year-to-date total is \$451.

### CHAPTER 378 OCTOBER MEETING

The Chapter meeting will be held at the Chipperfield Club House. Lunch includes chicken and beef tacos, beans, chips, salsa, and iguana dip from the Salty Iguana. There will also be ice tea, water, and dessert for \$10 per person. Because we need a head count, a reservation and remittance are required by FRIDAY, OCTOBER 13<sup>th</sup>.

Make checks payable to NARFE Chapter 378.

Please return the form and remittance to:

Wendy Hambly

25029 Dehoff Dr., Tonganoxie, KS 66086

Names:	\$10/person
<b>Total remittance:</b>	

3 women and 1 in 7 men will be affected by domestic violence. The number of men may actually be higher.

The term, human trafficking, has become a catch all phrase for abusers whose objective is to control for labor and/or sex. It happens in Kansas. There have been some positive steps made by the state. The national policy on immigration has inhibited victims from coming forward. Kansas has made human trafficking less attractive with its policy.

Domestic Violence can be emotional abuse in which an individual minimizes, blames, and/or belittles the victim. The perpetrator may be demanding, control the finances, and/or want to know where the victim is at all times. These behaviors all belong to the "Power and Control Wheel." They are signs to look for. The "Gas Lighting" technique from old movie *Angel Street*, in which the perpetrator tries to make the victim believe she is crazy, is any situation where the perpetrator is not telling the truth.

What can you do? For information one can always call hot line (785-843-3333 or toll free at 800-770-3030), which is open 24 hours a day, or visit the website at [willowdvcenter.org](http://willowdvcenter.org).

These crimes are estimated to cost the society about \$8,000,000 per year because of lost time at work and affect across the board.

The Willow serves both women and men. The Willow has a 30-bed facility in an undisclosed location. It currently is serving 12 women and 8 children. Last year the Willow served 44 men and 350 women and children.

Victims are allowed 30 days; then can have 3 additional 10-day extensions. Children are taken to school. The Willow just raised \$3000 for back-to-school supplies and clothing. The Willow has a children's program coordinator for kids and an advocacy coordinator and 20 helpers. PFA or PFS's are restraining orders for the protection of victims. Protection is the first concern. There is a Batterers' Prevention Course through Topeka, which has had good results, but lots of dropouts.

How many return to abusers? Survivors will return to abusers 9 times before they leave permanently. They return because they still love their abuser, fear of what will happen to their children. When one calls in--they usually minimize what is going on.

Willow personnel do an initial assessment, a report, to assess risk. Questions include: Did he

strangle you? Is there a gun in the house? A "yes" to either is a red flag. Can you get to safety? (On a case-by-case basis.) If the situation appears to be really violent, go to the dwelling with police. Victims don't call police initially because a policeman can be the abuser.

Generally, a victim can return to The Willow after 30 days.

Kansas is hot bed of trafficking because it is in middle of country and have highways that connect with other highways.

There is an "Owe my sole to a company store" situation, where migrants pay to come here, then have to work to pay back smugglers for the trip. One problem is some individuals like it, so they tell a friend "you can make a lot of money." There is a problem with this because it is not quite human trafficking and not quite domestic violence.

Trying to move toward a balance of grants between the city, state, and national funding, which make up 90% of the funding. Donations make up the rest. All funds go directly to survivors for food, clothing, and services.

Volunteers work directly with survivors. Volunteers can work any time frame. The Willow is trying to spread the word about the Willow through presentations for doctors, nurse, and hairdressers, anyone who may come into contact with victims.

There are 30 regular employees. Residents do the cooking. Everyone has chores. Volunteers do laundry. When a survivor comes in, they can bring 1 bag of laundry per person, and it gets washed when they come in.

The goal is to empower survivors. The Willow tries to set people up with a job. Clients can come and go as they please. The first time they divulge location is excused; the second time they are asked to move out.

A lot of abusers are too proud to bother survivors who have reached safety at the shelter.

[The Administrative Offices are at a different location, 1900 Moody Rd. Donations may be dropped off at this office.](#)

Will's background is more from business and marketing. He got involved because he wanted to help people. Lots of students come in as interns. There is a wide variety of backgrounds ranging from social, medical, and banking.

[There is an Urgent Needs List on the website, \[willowdvcenter.org\]\(http://willowdvcenter.org\). Needs change, so gift cards to](#)

[Target or Walmart are always welcome.](#)

**MEMBERSHIP**

**DIANNE THROOP**

Welcome to new member Robert Heintzen. His name was misspelled in the August newsletter.

**CHAPTER 0378 BY-LAW CHANGES**

At the July meeting, **Chapter 0378** reviewed the *Preferred Standard* for Chapter By-Laws proposed by NARFE National. The *Preferred Standard* had numerous items that allowed for chapters to “fill-in the blanks” to individualize their Bylaws.

Members who were present at the August meeting voted to accept the bylaws suggested by National and voted on selections for the “fill-in” options. At the August meeting, members voted to revise the chapter’s current bylaws to become Chapter 0378’s Operating Procedures.

These decisions will fulfill National’s requirement to update chapter bylaws by December 2017, while maintaining those things unique to Chapter 0378.

**The following is the result of the decisions reached at Chapter 0378’s July meeting. They are presented (in red) below for your review and comments. You can respond via email or phone to Wendy Hambly at [haq@copper.net](mailto:haq@copper.net) or phone at 913-845-0121. “No response” will be considered approval of the selections made at Chapter 0378’s July meeting.**

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## Chapter 0378 Bylaws

*NOTE: Red parentheses [-----] indicate selections made by Chapter 0378 members at the July meeting.*

### Article I. NAME

This chapter shall be known as the [Lawrence Free State] Chapter, [0378] of the National Active and Retired Federal Employees Association. The chapter may be affiliated with the [Kansas] State Federation, subject to the constitution and bylaws of that body.

### Article II. OBJECTIVE

**Section 1.** The objectives of this chapter shall be to support and work toward the objectives of the National Active and Retired Federal Employees Association, as set forth in Rule IV, Section 2C of the National Bylaws. In furtherance of these objectives, this chapter shall operate in unity with policies

established by the Association’s national conventions and National Executive Board, together with such other activities looking toward the preservation of American institutions and ideals as shall be espoused by the Association.

**Section 2.** The chapter shall not enter into activities, arrangements or agreements that conflict with programs or activities of the Association or its bylaws.

### Article III. MEMBERS

**Section 1.** Any person who is a dues-paying member of NARFE National shall be eligible to join the chapter. A member who pays chapter dues is in good standing.

**Section 2.** The chapter may provide for nonvoting members as allowed in the National bylaws Article IV, Section 5F defining associate and social members.

### Article IV. DUES

**Section 1.** The chapter dues are [\$5.00] and shall be used to meet expenses of carrying out chapter business and functions.

**Section 2.** Any chapter document relating to dues or contributions must contain this statement: “Dues payments and gifts or contributions to NARFE are not deductible as charitable contributions for federal income tax purposes.”

### Article V. OFFICERS AND EXECUTIVE COMMITTEE

**Section 1.** Chapter officers shall be a president, a vice president (or first and second vice president), a secretary and a treasurer [or secretary-treasurer if the positions are combined]. The officers shall be voting members and elected at the annual meeting and may be nominated by the nominating committee or from the floor. Officers may serve for a term of [1] year or until their successors are elected but may run no more than [15] time(s) for office. Officers shall assume their duties on [January 1], and fulfill their standard duties, which are detailed in the *Chapter & Federation Officers Manual*, F-10.

**Section 2.** The chapter may, by resolution, require the treasurer [~~or the secretary-treasurer~~] to give bond for the faithful performance of his or her duties. The

expense of obtaining a bond shall be paid from chapter funds.

**Section 3.** If there is a vacancy in the office of the president, the vice-president shall serve as president until the next election. If there is a vacancy in any other office, the executive committee shall fill such vacancy for the unexpired term.

**Section 4.** The executive committee shall consist of the elected chapter officers (and other appointed officers and committee chairs as deemed appropriate). The executive committee shall exercise such other duties as the chapter may prescribe. Quorum for an executive committee meeting shall consist of [3 of 5].

## VI. COMMITTEES

**Section 1.** The membership committee shall be appointed by the president. It shall be the duty of the members of this committee to develop a membership plan that describes organized efforts to gain and keep members, encourage dues withholding, and contact lapsed members.

**Section 2.** The legislative committee shall be appointed by the president to: a) keep abreast of state and national legislative matters concerning federal civil annuitants and prospective annuitants; and b) make recommendations for action to the chapter, the federation and the Association.

**Section 3.** The president may appoint a service officer, a public relations officer, a sunshine committee and such other committees as deemed desirable.

**Section 4.** The audit committee shall be appointed by the president to annually perform an audit of the financial records of the chapter.

**Section 5.** The president shall be an ex-officio member of all committees except the nominating committee.

**Section 6.** No other standing committee may be appointed without amending the bylaws unless a provision is included.

## Article VII. MEETINGS

**Section 1.** Regular meetings shall be held on the [3rd] of each month at [an agreed upon location], unless a meeting is cancelled by previous chapter vote or by action of the chapter executive committee, with due and reasonable notice to members. The regular meeting in [January] shall be the annual meeting.

**Section 2.** Quorum for conducting chapter business shall consist of [12] of the chapter's voting members, but less than a quorum may adjourn to meet on a future date, of which due notice shall be given to each voting member. If less than a quorum is present, members may run the program, but may not make decisions.

**Section 3.** Special meetings shall be called by the chapter president when necessary.

## Article VIII. PARLIAMENTARY AUTHORITY

The provisions found in *Robert's Rules of Order Newly Revised* shall govern chapter business in all matters not in conflict with the chapter bylaws or the Association's Articles of Incorporation and National Bylaws.

## Article IX. AMENDMENTS

**Section 1.** An amendment to these bylaws shall be made by concurrence of two-thirds of the voting members present and voting at any regular business meeting, provided written notice of the proposed amendment has been transmitted to all chapter voting members not less than 30 days before the meeting at which the vote is taken.

**Section 2.** Amendments shall be approved at National Headquarters before becoming effective.

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After chapter members approve the updated bylaws, Chapter 0378's Secretary will send them to the NARFE National Secretary/Treasurer for National's approval.

Thank you for your cooperation in meeting this National requirement.