



OFFICERS and CHAIRS

President	Tom Huntzinger	785-749-2240
1 st Vice President	Roger Lemmons	785-840-9594
2 nd Vice President	Ken Rowen	785-842-8847
Secretary	Dianne Throop	785-841-1408
Treasurer	Clara Arnold	785-842-1680
Membership	Betty Scribner	785-865-8235
Service	Wanda Lyon	785-764-2210
Public Relations	Gordon Montney	785-760-0595
Newsletter	Wendy Hambly	913-845-0121
NARFE PAC	Val Romano	785-843-6858
NARFE Net Coor	Jim Turrentine	785-842-3674
Alzheimer's Chair	John Scott	785-542-3510
Legislative Chair	John Surritte	785-856-0558
Sunshine	Reba Bryant	785-843-4407

September 15th MEETING INFORMATION

Meet at Conroy's Pub. The program begins at noon, lunch (\$9) at 12:30, followed by a business meeting. The September program is Funeral Home Director, Matt Daigh, with the Runsey-Yost Funeral Home and Crematory. The program will cover being prepared for end of life and how one can make advance arrangements that will lessen the burden for the family and friends of the survivor.

In October, Roger is planning to have a speaker from the Lawrence Visitors Center to talk about tourism in Lawrence and the surrounding area.

KUDOS & THANK YOU'S TO:

- ★ **Bob Duver and Martin Fee** for assisting Tom Huntzinger in organizing a "meet the candidates" event.
- ★ **Linda and John Surritte** -2nd of 3 months of matching funds for Alzheimer's donations.
- ★ **Tom Raby, Gordon Montney, Betty Scribner and Wendy Hambly**, for being named in the Aug 2010 issue of NARFE *Recruiting and Retention Journal* under "Recruitment Credit to Members."

---Report deserving members to Wendy Hambly---

August 18th MEETING RECAP

Two 20-year veterans of the Lawrence Police Force, Officers Robert Neff and Trent McKinley, presented *Home and Internet Safety*. It included numerous suggestions ranging from installing exterior lighting on a dusk to dawn timer to not opening emails from foreign countries to paying attention and using your "gut feelings." They recommend using the FBI website, *Internet Crime Complaint Center*, as a resource for safety suggestions at <http://www.ic3.gov/default.aspx>.

They also informed us of a course available to citizens, The Citizens' Academy (TCA). It is a 30 hour free course designed to improve cooperation between the public and the Lawrence Police Department. It covers police training and procedures, legal issues, and basic Lawrence Police philosophies. It also provides opportunities to speak with patrol officers, department staff, and the Chief of Police. It is offered October 5 through November 4, 2010. Register by September 17th.

Bob Duver has taken this course and endorses it. The website is www.lawrencepolice.org. The site includes safety precautions and TCA information.

MEMBERSHIP CHAIR Betty Scribner

Welcome to Flo Behl, our visiting Area 1, Region 5, Vice President. Welcome back, Elaine Semen, and welcome aboard to Gary Schmidt, who completed his transfer to Chapter 378.

Although we have 123 members, we cannot be satisfied. In general, NARFE numbers are declining. Recruitment and retention are **high priority**, and each of us must take part. Dues Withholding is encouraged. It saves you money and prevents forgetting to renew your membership. You can also give gift memberships.

Tom and I will be recruiting at a USGS luncheon on September 15th. We plan to schedule more recruiting events at other agencies and hope members will participate.

Email: elisabethscribner@yahoo.com

NARFE NEWS

Nov 8th - Dec 13th is the 2010 Federal Benefits Open Season. Active and retired federal employees can enroll in or change their health, vision and dental plans. NARFE magazine will carry information on options in Oct, Nov, and Dec issues.

SUNSHINE CHAIR Reba Bryant

I sent sympathy cards and a memorial to the families of Robert Eggert, Lorraine Mullaly and Maxine Welch, and a "think of you" card to Roberta Crider. I received a thank you from the Chance memorial.

Please continue to let me know about illness, special birthdays, celebrations, or honors our members receive, so I can send an appropriate card.

Email: rebabryant@sbcglobal.net

FEATURED MEMBER**Reba Bryant**

September's featured member is Reba Bryant, a surviving spouse member. In 1982, with 25 years of service, her husband, Walter, retired from the Postal Service. He died in 2008.

Reba and Walter farmed in SE Kansas before coming to Lawrence for Walter to take a position at the new fertilizer plant in Lawrence in 1954. After 1 year, he went into construction. He fell from scaffolding and broke an ankle. During his recovery, he took the Civil Service test and was hired as a lettercarrier at the post office in 1957. Reba was employed at Capital Federal Savings from 1958-1985 where she held a variety of positions. She began as a bookkeeper. It was pre-computer age, so everything was done by hand. She became head teller, then a loan clerk, was secretary to the bank manager and a new accounts representative.



She has 3 children, a daughter in Santa Fe, NM, another daughter in Houston, TX, and a son in Lenexa, KS. She has 4 grandchildren and 3 great grandchildren. Reba recently returned from visiting her daughter in Santa Fe. She also has 5 sisters. Of the 6 sisters, 3 are in their 80's. She attends a yearly family reunion. This year's reunion is in Branson in September.

Reba's hobbies include reading mysteries. She said, "Walter always accused her of reading romance novels, but they were mysteries." She also enjoys country music, and George Strait is her favorite singer. She and Walter traveled, mostly to the western states, and they spent a few winters in Phoenix, where one of Reba's sisters lives.

Reba has been a member of NARFE since 1980. She served as Chapter Secretary a number of years and currently is our Sunshine Chair. She takes her office seriously and takes time to select the appropriate card to send each individual.

Reba thinks our Membership Chair, Betty Scribner, is doing a wonderful job. She thinks we need to work on retaining members.

KANSAS FEDERATION**Flo Behl**

Area 1 VP, Flo Behl attended the August Chapter 378 meeting. She said the NARFE officers elected at National Convention (Aug 29-Sept 2) will all be new - no incumbents. Eighteen Kansas delegates will attend the convention.

She supports a NARFE dues increase, but

understands the concern of older retirees with lower incomes. She suggested that Dues Withholding, which saves a member about \$4 per year, might be an option for them, and encourages Dues Withholding for all members.

She encouraged members to meet Congressional and Governor candidates. Learn their views and help them become aware of NARFE's priorities.

NET COORDINATOR**Jim Turrentine**

After August's safety program, I thought it appropriate to suggest you think about an anti-virus protection program for your computers. Download a **free** AVG Anti-Virus program from these links: <http://www.avg.com/us-en/free-antivirus>. **AVG Anti-Virus Free Edition 9.0 link is: (Learn more) Free version.** It is free virus protection for private and non-commercial use only. **More:** <http://free.avg.com/us-en/download#ixzz0x10jQt2K> The download you receive from this page is optimized for **online installation** (computers that are connected to the Internet while installing). If you require the full AVG Anti-Virus Free Edition 9.0 executable file for offline installation, use this link to [download offline version](#). (**Note:** this is a larger file and the download time will increase). I have used this program for years and there are free upgrades as technology advances. You might save enough to cover the cost of belonging to NARFE!

If you have information you think should be on the chapter web page, please e-mail or call. Also, if you have a computer question, please e-mail it to me at jim_turrentine@yahoo.com. (785) 842-3674.

SERVICE OFFICER**Wanda Lyon**

The Consumer Price Index (CPI-W), increased 0.03% in July. The % toward COLA is -0.74%. Prospects for a COLA are not good.

(785)764-2210 or lyonden@sunflower.com

LEGISLATIVE**John Surritte**

In John Surritte's absence, Tom Huntzinger praised John's diligence in keeping members informed of current events, news, and legislation pertinent to NARFE. Tom also reported that, after primaries narrowed the candidate field, the *Meet the Candidates* event is "still alive." Bob Duver and Martin Fee volunteered to help Tom coordinate efforts for the event. They hope to cosponsored the event with the Voter Education Coalition (VEC) and involve other area NARFE Chapters.

CHAPTER 378 ELECTIONS John Surritte

Call for candidates to fill our officer and appointed chair positions for 2011. As you remember, the election of our 2011 officers will be at our November meeting. As Past Chapter President, it is my responsibility to solicit candidates. Our present officers and chairs have done an excellent job this year and are encouraged to run again if interested.

- The positions filled by November Elections are:
- President
 - 1st Vice President
 - 2nd Vice President
 - Secretary
 - Treasurer

- The positions appointed by the Chapter President and announced at the November meeting are:
- Membership Chair
 - Service Officer
 - Public Relations Chair
 - Newsletter Editor
 - NARFE PAC Chair
 - NARFE Net Coordinator
 - Alzheimer's Chair
 - Legislative Chair
 - Sunshine Chair

If you are interested in running for an elected position or filling an appointed position, please let me know by September 30, 2010. The slate of candidates will be announced at our October 20th meeting.

“Remember, **NARFE IS ONLY AS STRONG AS ITS MEMBERSHIP’S WILLINGNESS TO SERVE.** Thanks.”

jfsurritte@hotmail.com or 785-856-0558

NARFE’s 90th Anniversary

NARFE will celebrate its 90th anniversary in 2011. The NARFE National Convention in Grand Rapids, MI, marked the kick-off of the anniversary celebration.

Any ideas of how Chapter 378 might celebrate?

Whenever the people are well-informed, they can be trusted with their own government.

Thomas Jefferson

ALZHEIMER’S FUND John Scott

At the August meeting, \$20 was donated, and the families of Robert Eggert and Maxine Welch made memorial contributions to the fund. Chapter 378’s YTD total contributions = \$1582.

Ways You Can Contribute.....

1) **DOUBLE YOUR DONATION!** There are 2 months (Sept & Oct) left for your Alzheimer's donations to be matched by the Surritte’s, **thereby doubling the amount of your donation.**

2) **SAVE your BEST CHOICE UPC LABELS.** **UPC Labels = Alzheimer’s Research Fund \$\$\$**
1000 Best Choice UPC’s = \$30 + \$30 bonus for Alzheimer’s Research. There have been some



inquiries about what portion of the Best Choice labels to save. Save the UPC, also known as the barcode, *aka* proof of purchase, as shown on the left. UPC’s from aluminum cans are NOT acceptable, but the UPC from the carton containing the cans is acceptable.

Dianne Throop is collecting your UPC’s. Bring UPC’s to meetings or contact her (d.throop@sbcglobal.net or 785-841-1408) to make other arrangements. Include your friends and family in the Label Saving!

3) Unfortunately, after further investigation of the grocery “credit cards” (5% of sales going to Alzheimer’s research) reported in last month’s newsletter, Roger Lemmons found that the program is no longer available.

As reported in a News from NARFE email: “At Sunday’s Opening Ceremonies of the 31st NARFE National Convention in Grand Rapids, MI, the NARFE gathering heard speeches by Harry Johns, president and CEO of the Alzheimer’s Association, and award-winning broadcast journalist Mary Ellen Geist, who left a successful career to return home to assist her mother in caring for her Alzheimer’s-afflicted father. To date, NARFE members have contributed nearly \$9 million for Alzheimer’s Research.”

Those believing they have not voted are mistaken, for their indifference affects all our futures.
M.A. Denck