



2016 OFFICERS AND CHAIRS

President	Tom Huntzinger	785-766-6717
1 st Vice President	Roger Lemmons	785-840-9594
2 nd Vice President	Elaine Seeman	785-331-2280
Secretary	Leonard Short	785-840-8401
Treasurer	Cheryl Travis	785-865-7580
Membership	Dianne Throop	785-841-1408
Service Officer	John Rowe	785-856-8759
Newsletter	Wendy Hambly	913-845-0121
NARFE PAC Chair	Tom Huntzinger	785-766-6717
Alzheimer's Chair	John Scott	785-542-3510
Legislative Chair	Tom Huntzinger/ John Rowe	785-766-6717 785-856-8759
Sunshine	Mary Margaret Rowen/Clara Arnold	785-842-8847 785-842-1680
NARFE NET Coor	Jerry Feese	785-842-4330

KUDOS AND THANK YOU'S

*The 2016 officers and chairs listed above for serving NARFE Chapter 378.

ALZHIEMER'S

September donations = \$25 The Year-to-Date total = \$439.25.

NARFE OFFERS WEBINAR

FEHBP and Medicare: Make the Best Choice, a NARFE Federal Benefits Institute Webinar, was aired Thursday, October 13th. The presentation will be available for all members to view on the NARFE website the following week. Until now, information on FEHBP & Medicare options created more questions than answers! Federal benefits and retirement expert Tammy Flanagan provides everything you need to know to make the right choices for YOUR situation. You'll discover why "free" coverage may actually cost you money, the best ways to balance your coverage between FEHBP and Medicare, how to effectively evaluate the many health plans available to the federal community, and much more.

What You Will Learn

- The ABCs and Ds of Medicare
- Coordinating Your Federal Health Plan with Medicare
- How to Evaluate Health Plans
- And more...

CHAPTER CHRISTMAS PARTY

Information about the annual Christmas Party will be in the November issue of the Chapter Newsletter.

OCTOBER 17TH MEETING

The October Chapter 378 will meet Wednesday, May 18, 2016, in the south room of Conroy's.

The program begins at noon, (you'll have to be surprised) lunch entrée (choose from 3 entrées) and coffee or tea for \$10 is at 12:30, and a brief meeting follows the lunch. Please note that lunch is optional.

RECAP SEPTEMBER 21ST MEETING

The September meeting was a picnic sponsored by Martha and John Rowe at The Chipperfield Club House. The planned speaker, honor the Mayor, Mike Amyx, had a schedule-conflict, so will speak at the November meeting.

It was an enjoyable afternoon with plenty of time to visit.

NARFE MAGAZINE OCTOBER 2016

Included in the October issue is a [Presidential Candidate Questionnaire](#). (pages 24, 25, 26 & 28) NARFE sent presidential candidates questionnaires to the nominees of the two major political parties: Hillary Clinton, Democratic Party, and Donald J. Trump, Republican Party, requesting they answer identical questions to get their views on key issues affecting federal employees and annuitants. NARFE does not endorse presidential candidates. The sole purpose of the questionnaire is to better inform NARFE members. The questions and Clinton's unedited responses appear here. Despite repeated requests, the Trump campaign has not responded. If NARFE receives answers from Trump before the deadline for the November issue, narfe magazine will publish them in that issue.

NARFE HOTLINE SEPTEMBER 30, 2016

Federal Employees Health Benefits Program (FEHBP) Premium Increases

The Office of Personnel Management (OPM) announced the [2017 rates](#) for FEHBP plans, ahead of the November 14 start of Open Season. On average, the new premiums for non-postal employees and all annuitants will be 4.4 percent higher in 2017, with the average enrollee share increasing by 6.2 percent.

Of interest to many enrollees, the cost of Self Only coverage in the popular Blue Cross Blue Shield Standard Option will increase by \$5.81 more per biweekly pay period in 2017. Those with Self Plus One will pay \$9.46 more per biweekly pay period, and those with Self and Family coverage will pay \$15.99 more per biweekly pay period.

The Federal Employees Dental and Vision Insurance Program (FEDVIP) also will have higher premiums. Dental plans will increase an average of 1.9 percent, with vision premiums rising by an average of 6.3 percent.

The November issue of *narfe* magazine will include coverage of the plans and what you need to know for Open Season.

Congress Passes Continuing Resolution (CR) and Recesses

The CR provides new funding for combating Zika; for veterans' affairs; and for flood relief in Louisiana, West Virginia and Maryland. Negotiations heated up as Senate Democrats pushed for funding for the water crisis in Flint, MI, to be included. In the end, a deal was struck to add funding for Flint to a House water projects bill.

The CR then quickly passed in the Senate, 72-26. The House next passed it, 342-85. Shortly after, legislators left Capitol Hill to return to their home districts. This is a perfect opportunity to meet with them and discuss NARFE's legislative priorities."

How They Voted: Congressional Voting Scorecard

The NARFE Congressional Voting Scorecard for the 114th Congress is now available to NARFE members to review [here](#), and in the October issue of *narfe* magazine. NARFE members can use this tool to become informed about the representatives and senators seeking re-election to Congress, and how these legislators have voted on issues of concern to active and retired federal employees. Don't forget: Voting records don't equal endorsement. NARFE is a nonpartisan organization and does not endorse candidates running for office.

Hotline on an As-Needed Basis Until November 14. Due to the congressional recess, the Hotline will be published on an as-needed basis until November 14.

Make Your Voice Heard in Congress NARFE members are encouraged to use the [Legislative Action Center](#) to easily send [letters](#) to members of Congress on a variety of NARFE issues, submit [letters to the editors](#) to local newspapers and track NARFE-related [bills and votes](#).

NARFE HOTLINE

OCTOBER 5, 2016

Registration is [now open](#) for the 2017 NARFE Legislative Training Conference! The conference will be held Sunday, March 12, through Wednesday, March 15, in Alexandria, VA. This is your chance to join NARFE members from across the country to learn more about NARFE's legislative agenda,

improve your advocacy skills and attend meetings with members of Congress in the nation's capital. With advocacy being NARFE's core mission, the conference is an opportunity for NARFE members to learn the most effective ways to reach their members of Congress, organize at the grassroots level and effect change. Attendees will be able to choose the training topics in which they are most interested from a menu of specialized breakout sessions. The hands-on training will prepare participants for Capitol Hill meetings on Wednesday, March 15, the last day of the conference. After registering, don't forget to call the Hilton Mark Center Hotel in Alexandria, VA, at 1-703-845-1010 (Monday - Friday 8am-6pm) or Toll Free 1-800-445-8667 (24 hours) to book your room. Be sure to specify that it is for the NARFE Legislative Training Conference. You also can make your room reservation online through the [Hilton website](#). To guarantee the NARFE rate of \$169 plus applicable taxes (for a total of \$194.51 per night) please make your reservation no later than February 10. Additional information about the conference is available on [the 2017 Legislative Training Conference website](#). If you have any questions, please email the Legislative Department at leg@narfe.org or call 703-838-7760, ext. 201. We look forward to seeing you at the conference!

CHAPTER 378 2017 OFFICERS AND CHAIRS

Nominations for 2017 Officers for Chapter 378 are now open. If you are interested in an office, or want to nominate someone, contact Tom Huntzinger. (phone: 785-766-6717)

Last day to register to vote is October 18, 2016.