



2015 OFFICERS and CHAIRS

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Sunshine	Mary Margaret	785-842-8847
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OCTOBER 21ST MEETING Roger Lemmons

NARFE Chapter 378 will meet Wednesday, October 21, 2015, in the south meeting room of Conroy's Pub. The program begins at noon, lunch entrée (choose from 3 entrées) and coffee or tea for \$10 is at 12:30, and a brief meeting follows the lunch. Please note that lunch is optional.

The speaker for the October meeting is Emile Farley, a representative from the Bert Nash Center, a nonprofit community mental health organization offering a wide range of outpatient services.

November's program is Stephanie J. Wilson, an attorney specializing in elder law.

December's meeting is the Christmas Party at the Brandon Woods Smith Center.

KUDOS AND THANK YOU'S.

*Roger Lemmons for continually planning interesting and pertinent meeting programs and arranging the Chapter's 2015 Christmas Party. See party information below & reservation form page 2.

SEPTEMBER 16TH MEETING RECAP

Ron Thomann, Project Manager of the Trex Design Group, LLC, and Charlie Garzillo, Specialist/Inspector (Master Plumber and Master Mechanic) of the City of Lawrence, discussed the 8-year *Rapid Inflow & Infiltration Reduction Program (Eco Flow Program)*, a rapid rainwater reduction program. They are conducting a survey of homes in Lawrence to determine where, and how much storm water is being channeled into the sanitation sewer system, which causes the sanitary system to become overloaded during storm events.

The city of Lawrence hired The Trex Design Group to evaluate the situation and do complex work. Lawrence opted to reduce water flow into the sanitary system rather than increasing the size of sewer pipes, as it is more sustainable to fix the problem at the source. The program will primarily be instated in the older part of town built before building codes were in place. The area is north of 23rd St. to the river and from Iowa St. to the fair grounds.

The program addresses Inflow and Infiltration (I&I). Outside houses, rainwater gets through old, cracked pipes, downspouts, driveway drains, and broken sewer caps and feeds into the sewer system. Inside houses, sump pumps are sometimes piped directly into the sewer system.

The program objectives include being smart about what to fix, city funds all repairs, owners have the choice to participate, use the find and fix approach, and a flexible program that works around the schedule of the owners.

**Annual NARFE Chapter 378
Christmas Party**
Wednesday, December 16, 2015
**At Smith Center of Brandon Woods
Brandon Woods Terrace**
11:15 gather, 11:45 buffet, 12:45 entertainment

**Buffet Includes 2 entrées, 4 sides,
dessert, coffee or tea**

**Mediterranean Chicken-Chicken breast
marinated in Italian dressing and served on a
sauce of tomatoes, artichokes, garlic, & fresh
basil.**

**Beef Tips-chunks of beef slowly simmered with
mushrooms & onions, then finished with a rich
brown sauce.**

**Twice Baked Potatoes stuffed with
cheddar cheese & bacon or blue cheese**

Honey/Vanilla Glazed Carrots

Green Beans Almandine

Homemade Pasta Salad

**Chocolate Delight (Brandon Woods signature
dessert) chocolate cake, chocolate pudding
and whipped cream**

The team overview includes the city of Lawrence makes the decision to make minor repairs or not, the Trex Design Group evaluates and does complex repairs, and teaming with plumbing and electric companies.

There was a great deal of emphasis on public outreach to get the word out and enlist the cooperation of the public. They distributed T-shirts with the logo, created a section on the Lawrence website (lawrenceks.org), included an ad in water bills, and have a 9I “hot line” for information about the program and a person to answer questions. Call for an evaluation.

How the process works: It is an 8-year plan of working in smaller increments and areas. To locate pipe leaks, smoke is blown into city manholes. Door hangers and letters notify owners of an “open house” meeting to explain and sign owners up for repairs. They send brochures and make calls. So far they have about 90% participation.

They repair clean outs in yards, sump pumps and drain tile. Participants can choose from a list of plumbers. Plumbers do the work, and Trex Design Group representatives check the work and pay the plumbers. Charlie Gazillo, Specialist /Inspector for the City of Lawrence develops the specs, inspects the work, and ask for feedback. Owners receive a 1-year warranty from the plumber.

Phases I and II are complete and they are seeing results at the pump station.

Additional facts: 3-4” of rain results in 40-50 million gallons of water at the plant. They wanted to develop a plan that addressed the source of the excess water in the system and have a quality system. Corrected clean outs are put below ground level so they can be mowed over. The city saves some money by using city workers for some repairs. In older homes, the sanitary drains used to handle basement water. They replace that system with sump pumps, which take basement water to daylight rather than the sanitary system. Electrical, plumbing, and mechanical are all corrected.

They used flow meters in sewers to measure water flow before and after corrections. The first year, there was a 25% reduction even though the plan is not complete and this was a record wet spring. The program seems to be effective. They are receiving numerous positive comments. There are no fines if code violations are found and the program works on a volunteer basis. In the phase I area, the cost per home was \$600. They are there to help no fine or report violators. Phase I & II helped everyone with

whom they had contact. The goal is to use funds to best serve the community.

MEMBERSHIP **DIANNE THROOP**

Welcome to Joan Cecilia Welch, a new member to Chapter 378, but not to NARFE. She transferred her NARFE membership to the Chapter 378.

CHAPTER INFO **ROGER LEMMONS**

Vendors have requested that they be allowed to provide the chapter with a program. President, Tom Huntzinger, opened discussion on the subject. Tom Huber suggested that programs should focus on federal or community rather than vendors or services.

CHRISTMAS PARTY INFO

The party is at the Smith Center of Brandon Woods.
 Wednesday, December 16, 2015.
 Gather at 11:15, Buffet begins at 11:45,
 Entertainment about 12:45

Note that individuals can bring their own bottle of wine at no charge. Servers cannot serve you, but glasses will be available.

Complete (please print clearly) the reservation form and return it with remittance by Tuesday, December

7th, to:
 Wendy Hambly
 25029 Dehoff Dr.
 Tonganoxie, KS 66086

Make check payable to NARFE CHAPTER 378
 The cost is \$16 per person, which covers the buffet and coffee or tea, and entertainment.
 Make checks payable to NARFE CHAPTER 378

*Reservation Form for the NARFE
 CHAPTER 378 Christmas Party*

Name	Amount
TOTAL REMITTANCE	

Your contact information (phone and/or email):
