



<b>2018 OFFICERS AND CHAIRS</b>		
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Secretary	Wendy Hambly	913-845-0121
Treasurer	Cheryl Travis	785-865-7580
Membership	Dianne Throop	785-841-1408
Service Officer	John Rowe	785-856-8759
Newsletter	Wendy Hambly	913-845-0121
NARFE PAC Chair	John Rowe	785-856-8759
Alzheimer's Chair	John Scott	785-542-3510
Legislative Chair	Gordon Montney	785-760-0595
Sunshine	Mary Margaret Rowen/Clara Arnold	785-842-8847 785-842-1680
NARFE NET Coor	Jerry Feese	785-842-4330

**APRIL 21<sup>ST</sup> MEETING R. LEMMONS**

NARFE Free State Chapter 378 will meet Wednesday, April 18th, at noon, in the south room of Conroy's. The presentation begins at noon, followed by lunch, and a brief meeting. Lunch is optional. The cost is \$10 and includes a choice of 1 of 3 entrées, coffee or tea, and gratuity.

April's program is J. Schaffer, News Director of Kansas Public Radio and Managing Editor of the Kansas Public Radio Network, which provides news and information to other public radio stations in Kansas and Missouri.

**RECAP FEBRUARY 21<sup>ST</sup> MEETING**

Gregory Burns, Jr., Lawrence's new Chief of Police. He began police work in 1993. He left the assistant police chief position in Louisville, KY to accept the Lawrence position.

Burns thanked the audience for inviting him to speak and for their federal service. He said he understood the patience and tolerance it takes to work within the government. He then began to tell us about himself, his philosophy, and the values of police department.

He is both happy and proud to be the police chief in Lawrence. He's been here 5 months and 19 days. His speaking philosophy is the 3 B's- Be brief, be bold, be gone.

He is living his dream. Since he was a young boy he wanted to be a police officer. He grew up poor with duct-taped shoes and federal assistance. He once asked his mom for some magazines and newspapers. He wanted the pictures for a poster for a school presentation about wanting to be a police officer. At first his mom said no, because they didn't have the money. Eventually she was able to get him some magazines.

If he was good, his mom would let him get off the school bus at the police station so he could see the officers and look at their belts. His mom worked for the police, so the chief talked to him often. Burns believes you need to make connections with young people early and often, because eventually the communication window closes.

Louisville, KY, has a population of about 760,000. With the addition of suburbs, it is about a million.

There were about 1300 officers with the Sheriff's

**KUDOS AND THANK YOU'S**

- To Tom Huber, Chapter 0378 President, who will be representing the chapter at the Kansas Federation Convention, April 23-24, 2018.
- To Bob and Lee Ann Duver who brought Chapter 0378 a new member, Ally Elliot. Way to go!!

**SUNSHINE**

Please remember to notify one of the Sunshine Ladies, Clara Arnold or Mary Margaret Rowen, [their phone numbers are above on page 1 at the top of left column] if you know of someone who is ill, on the mend, or celebrating a birthday or anniversary. In the event of a death, one of the Sunshine Girls needs to be notified so a card can be to the family. They also notify the chapter's treasurer to send a memorial to the Alzheimer's fund.

**ALZHEIMER'S JOHN SCOTT**

Twenty-four dollars was donated to Alzheimer's at the February meeting. Year-to-date total is \$59.

**NARFE PAC JOHN ROWE**

This is an election year. Please consider contributing to this fund, which is used in NARFE's legislative action.

**MEMBERSHIP DIANNE THROOP**

Janet Dunn is officially a new member! Letters were sent to three prospective members. Bob Duver introduced prospective member, Ally Elliot, who retired January 31<sup>st</sup>. She said she loved not having to get out on icy days and today's speaker was wonderful.

Department, Jefferson County Department, and police of Louisville.

Began in as an officer in 2003, and in 2014, was made Assistant Chief with a department of about 460 employees.

It was a tough decision to come here. He has wanted to be a police chief, and the Louisville chief was his mentor. On October 2, 2017, he was sworn in as Lawrence's Police Chief.

He then went on to describe his philosophy:

- 1) Prevent crime and protect peoples' rights - even those people who do bad things.
- 2) Community is our primary focus and having a good rapport with people.
- 3) Cannot arrest our way out of a problem—need partnerships with businesses and people.
- 4) Departments are ineffective alone. Need to partner with schools, social services, and businesses. The idea is to keep wrong doers from being arrested, and, if arrested, keep from being arrested a second time.
- 5) Enhance public safety through department diversity with color, sex, and age. The Lawrence department is thought to have an effective department.
- 6) He doesn't want to be surrounded by "yes people." If that were the case, he would just talk to himself. He gives everybody one vote and he gets 1.5 votes, because, at the end of the day, he makes the decision that is best for the community and the department.
- 7) We've all seen life through a different lens. He believes in treating people with dignity and respect; and being professional, both inside and outside the department. If you don't, that can lead to people doing bad acts.
- 8) I believe in always telling the truth. If you cannot tell the truth, you will not work for this department. If you can't be truthful, you can't testify in court, so you are not useful to me.
- 9) Each officer, each day, on each call should first say "hi." He illustrated how victims feel with the following: The victim worked on Friday, lunch was interrupted, or just having a bad day. He goes home to watch the final episode of favorite show, but the TV is gone. So he's upset. He calls the police department. The police show up. The officer can show disinterest, or he can take a few minutes to show some sympathy. Exhibiting

empathy and sympathy leaves the victim with a good impression of the office and the department. Then maybe this victim will speak up for the department. This is developing community rapport.

He was initiated in Lawrence with 3 homicides on Massachusetts Street. That incident showed him how many hard working officers there are in this community.

Coming from a large community with a number of homicides, it was difficult to bring people to justice. The problem was getting enough evidence for an arrest warrant. He has spoken with a number of parents and grandparents who are dissatisfied with the lack of closure—no arrest in the death of their loved one.

Burns arrived Saturday about 2 am and not yet sworn in as chief, was notified of the 3 homicides Sunday morning.

#### Questions and Answers

Q: How many pounds does your belt weigh?

A: 20-30 pounds

Q: What branch of service did you serve?

A: Security specialist in Air Force 1989-1993. Stationed in Hawaii.

Q: What about your family?

A: Wife with him. His stepson is a senior in high school, so is staying with grandparents. It's a tough thing to do. His wife goes back on weekends.

Q: There is a huge number of street people in town. Is there any program addressing that problem.

Comment from chapter member who observed an officer encounter at Dillon's on Mass. A woman dropped her bag when trying to cross the street. The officer picked up her bag, helped her across street, and walked her down the street.

Burns said he appreciated hearing that story. In reference to the question about the homeless, he said he noticed that [*numbers of homeless on the street*] when interviewing. He saw lots of homeless.

A: It is not against the law unless they are aggressively panhandling. He hopes to find a resolution that involves the police, but also involves others. He would like to see teams that go out to visit homeless to direct them to social services, with fire department, and mental health team. Sometimes, in dealing with the homeless (it happens in a lot of cities), some homeless do

not want to go indoors. Lawrence offers and does a lot for the homeless. That may draw homeless here, because the city offers a lot of services. In Kentucky, people put them on buses and sent them to Louisville. You don't want to criminalize the homeless, but it is a difficult issue with which to deal. Burns recommended not giving to people. It is better to give to organizations and boxes in the downtown area for that purpose.

Additional comment from a member: In downtown KC they had pamphlets to explain enabling and cards telling them about services for the homeless.

**NARFE KANSAS FEDERATION  
UPCOMING APRIL CONVENTION**

**WHO:** The NARFE Kansas Federation sponsors the

**WHAT:** 64<sup>th</sup> Annual Kansas Federation Convention

**WHERE:** Best Western Wichita North  
915 E 53<sup>rd</sup> St N, Park City, KS 67219

**WHEN:** April 23-24, 2018

**Alzheimer's Silent and Live Auctions**

➤ **Door Prizes:** Each Chapter should bring a wrapped gift of \$10-\$15 value for the door prize drawings held throughout the conference sessions.

➤ **Live and Silent Auctions to Benefit Alzheimer's Research:** **Silent Auction** items donate by Chapters should be handmade craft items, homemade food items, or a theme basket. An item should be **valued at \$20.** **Live Auction** items should be **valued at \$40 or above.**

➤ **NOTE: NO CASH PURCHASES--Only checks will be accepted as payment for Alzheimer's auction items.** **ITEMS:** 1) Crafts such as quilts, needlework, sewing, paintings, wood-working, yard art. 2) Theme baskets should be securely wrapped in cellophane with all contents listed on 8.5 x 11 sheet attached to the basket with declared value. 3) Food items should be non-perishable (no cream pies or cheesecake). Try to stay with lower calorie items. If it comes with instructions or needs additional ingredients, that information should be visible to the bidder.

"Nobody will ever deprive the American people of the right to vote except the American people themselves, and the only way they could do this is by not voting."  
**Franklin D. Roosevelt**

**PROPOSED CHANGES TO KANSAS  
FEDERATION BYLAWS**

**The following proposed bylaws will be discussed and voted on at the Convention on April 23-24. Please review and contact a Chapter officer prior to the March Chapter Meeting on April 18<sup>th</sup>.**

**BYLAWS OF THE KANSAS FEDERATION**

**ARTICLE I Name**

The name of the association shall be the Kansas Federation of the National Active and Retired Federal Employees Association (NARFE).

**ARTICLE II Membership**

**Section 1.** All members of the National Active and Retired Federal Employees Association in Kansas shall be voting members.

**ARTICLE III Objectives**

**Section 1.** The Federation may not enter into activities, arrangements or agreements in conflict with programs or activities of the National Association.

**ARTICLE IV Chapter Association**

**Section 1.** All chapters within the State shall retain affiliation in this Federation upon payment of the per-capita assessment.

**Section 2.** The per capita dues for membership in the Federation shall be an amount approved by the Federation voting members for each Chapter member who, as of November 30, has paid National and Chapter dues, with the exception of Honorary members, National Only, and Non-Voting Life Members.

**Section 3.** Each Chapter Treasurer shall remit to the Federation Treasurer the total per-capita dues owed the Federation prior to the last day of January of the next year.

**Section 4.** Additional revenues shall consist of 10% funds that are returned by the National NARFE Secretary/Treasurer.

**Section 5.** Dues payment to NARFE is not deductible as charitable contributions for federal income tax purposes.

**ARTICLE V Officers**

**Section 1. Voting officers of the Federation shall include:**

A. Federation officers shall consist of a President, 1<sup>st</sup> Vice-President, 2<sup>nd</sup> Vice-President, Secretary and Treasurer. Officers shall be elected by ballot prior to the annual meeting to serve a term of two years. The office of President, 2<sup>nd</sup> Vice-President and Treasurer shall be elected in the even years, and the 1<sup>st</sup> Vice-President and Secretary will be elected in the odd years.

B. Area Vice-Presidents shall be elected by ballot during the year in which the Federation President is elected. Each Area Vice-President will serve a 2-year term. Federation officers are not eligible to hold the office of Area Vice-President. In the event that an Area Vice-President cannot serve out his/her term or there are no candidates nominated, the Federation President shall appoint an Area Vice-President.

C. The immediate Past President.

D. These officers shall perform the duties prescribed by the Kansas Executive Board Policies and Procedures and the parliamentary authority adopted by the Federation.

**Section 2. Installation of Officers**

All Federation Officers shall be installed at the annual meeting and shall assume office on May 15<sup>th</sup> of the year elected.

**Section 3. Appointed Officers**

The following officers will be appointed by the Federation President to serve a term of two years:

Legislative (Federal) Service Officer Training Officer	Legislative (State) Alzheimer' s Historian	Membershi p Public Relations NARFE Net/Web Master	PAC Coordinato r Newsletter Editor
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**ARTICLE VI Federation Executive Board**

**Section 1.** The Executive Board shall include all Federation elected officers; any Kansas member who has held a position on the National Board and all committee chairpersons appointed by the President.

**Section 2.** The Executive Board shall conduct the business of the Kansas Federation; adopt a budget; fill vacancies in offices, except the office of President; review and approve/or disapprove registration fees for conference/annual meeting; and update the Federation policy for the purpose of serving as a formal guide established by past executive board decisions in directing Federation operations.

**Section 3.** The Executive Board shall have the authority, by a two-thirds vote, to declare any elected or appointed office vacant for justifiable cause, but the officer shall be given reasonable opportunity to show why such action should not be taken. The President shall fill the vacancy by appointment in any office for the unexpired term, subject to subsequent approval by the Executive Board.

**Section 4.** A regularly scheduled Executive Board Meeting shall be held in June and in the fall. The June meeting may be scheduled in a central location. The fall meeting shall be held at the annual meeting site.

A short pre and post Executive Board Meeting shall be held in conjunction with the annual meeting.

**Section 5.** Special meetings of the Executive Board can be called upon written request to the President by seven (7) of the elected Board members. At least ten (10) days written notice as to the time, place and purpose of such special meetings must be given to all Executive Board members.

**Section 6.** The Executive Board shall have the authority to withdraw the charter of any Kansas Chapter for cause, on thirty (30) days notice to the chapter, but the chapter shall be given reasonable opportunity to show why such charter should not be withdrawn.

**Section 7.** A quorum to conduct business of the Executive Board shall consist of seven (7) voting members of the Executive Board in attendance.

**ARTICLE VII Federation Annual Meeting**

**Section 1.** The Federation shall hold an annual meeting at such time and place as shall have been determined by the previous annual meeting. In the event that no such action was taken by the previous meeting, or in the event of an emergency, the Federation Executive Board shall establish the time and place of such meeting.

**Section 2.** The purpose of the annual meeting shall be as follows: to announce the results of the election of officers and any votes on bylaw amendments or resolutions, to transact the business of the Federation, to conduct training, and to discuss matters of interest to members.

**Section 3.** During all voting, each member shall vote independently.

**Section 4.** A majority of Federation Officers attending, plus 1% of Federation members, shall constitute a quorum at a Federation annual meeting.

**ARTICLE VIII Standing Committees**

**Section 1.** The President shall appoint a Membership Chair to serve for a two year term. The Membership Chair shall seek additional members to assist with the purpose of encouraging eligible annuitants and Federal civilian employees to become members of the National Active and Retired Federal Employees Association.

**Section 2.** The President shall appoint a Bylaws and Resolutions Chair to serve for a two year term. The Bylaws and Resolutions Chair shall be composed of four member volunteers approved by the Executive Board.

**Section 3.** An Audit Committee shall be composed of three (3) Area Vice-Presidents who shall establish the criteria for the selection of the Auditor, who will not be a member of the Federation Board.

The Committee shall conduct an audit of the receipts, disbursements, assets and liabilities, including a balance sheet and a list of investments, and prepare a report for submission to the membership for approval during the Federation Annual Meeting. After approval, the Executive Board shall publish the report in the next issue of the Federation newsletter.

**Section 4.** Such other committees, standing and special, shall be appointed by the President, with approval by the Executive Board, as shall be deemed necessary to carry on the work of the Federation.

#### **ARTICLE X Parliamentary Authority**

The current edition of *Roberts Rules of Order Newly Revised* shall govern the Federation in all cases to which they are applicable and which they are not inconsistent with these bylaws and National Active and Retired Federal Employees Association constitution/bylaws.

*Cindy Renee' Blythe, Federation President*

*Gwendolyn Ketter, Federation Secretary*

**Approved at National Headquarters**

*Jon Dowie, National Secretary/Treasurer*

### **ALZHEIMER'S ASSOCIATION 2/2018**

From Alzheimer's Association Newsletter prepared for NARFE  
**RAISE FAMILY CAREGIVERS ACT SIGNED INTO LAW**  
**WASHINGTON, D.C., January 22, 2018**

The Alzheimer's Association and the \*Alzheimer's Impact Movement (AIM), the Association's advocacy arm, are celebrating the passage of the bipartisan **Recognize, Assist, Include, Support, and Engage (RAISE) Family Caregivers Act**. Signed into law today by the president, the RAISE Family Caregivers Act will address the needs of our nation's family caregivers through the development and implementation of a coordinated national strategy.

Introduced in Congress by Senators Susan Collins (R-Maine) and Tammy Baldwin (D-Wis.) and Representatives Gregg Harper (R-Miss.) and Kathy Castor (D-Fla.), the RAISE Family Caregivers Act will provide much needed support to family caregivers. The new law directs the Department of Health and Human Services (HHS) to develop a national strategy to provide education and training, long-term services and supports, and financial stability and security for caregivers.

"On behalf of the more than 15 million Americans who provide unpaid care for people living with Alzheimer's and dementia, we want to thank Sens. Collins and Baldwin, and Reps. Harper and Castor for their bipartisan support for family caregivers," said Robert Egge, Alzheimer's Association Chief Public Policy Officer and AIM Executive Director. "The development of a national strategy will have an immense impact on family caregivers. Enhancing assistance for family caregivers will result in improved caregiver health and well-being and will result in a higher quality of care for their loved ones."

For millions of Americans caring for individuals with Alzheimer's and other dementias the emotional, physical and financial costs can be overwhelming. Caregivers of people with dementia report higher levels of stress, depression and worse health outcomes than those providing care to individuals without dementia. As a result, Alzheimer's caregivers incurred \$10.9 billion in additional health costs last year.

The RAISE Family Caregivers Act also directs HHS to create a Family Caregiving Advisory Council, similar to the National Plan to Address Alzheimer's Disease Advisory Council. Both the advisory council and The RAISE Family Caregivers Act was closely modeled after the National Alzheimer's Project Act. The Alzheimer's Association and AIM have been strong advocates for the RAISE Family Caregivers Act since it was introduced in Congress. Grassroots advocates and staff held thousands of congressional meetings to secure support for the legislation. The Association and AIM will continue to play an active role in the process as HHS works to develop and implement the national strategy.

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's. For more information, visit [alz.org](http://alz.org).

\***Alzheimer's Impact Movement (AIM)** is a nonpartisan, nonprofit advocacy organization working in strategic partnership with the Alzheimer's Association. AIM advocates for policies to overcome Alzheimer's disease, including increased investment in research, improved care and support, and development of approaches to reduce the risk of developing dementia. For more information, visit [alzimpact.org](http://alzimpact.org)

"The ballot is stronger than the bullet." --  
**Abraham Lincoln**