



2012 OFFICERS and CHAIRS

President	Tom Huntzinger	785-766-6717
1 st Vice President	Roger Lemmons	785-840-9594
2 nd Vice President	Elaine Seeman	785-331-2280
Secretary	Dianne Throop	785-841-1408
Treasurer	Cheryl Travis	785-841-1616
Membership	Betty Scribner	785-865-8235
Service Officer	Wanda Lyon	785-764-2210
Public Relations	Cheryl Bowman	785-979-1568
Newsletter	Wendy Hambly	913-845-0121
NARFE PAC	Linda Surritte	785-856-0558
NARFE Net Coor	Leonard Short	785-840-8401
Alzheimer's Chair	John Scott	785-542-3510
Legislative Chair	John Surritte	785-856-0558
Sunshine	Sandy Nease	785-843-3378

KUDOS & THANK YOU'S TO:

- ☞ All the NARFE Chapter 378 candidates and appointees/volunteers who have agreed to serve the chapter in 2013. See page 2 for listing.
- ☞ Linda and John Surritte for again matching the chapter's August through October donations for Alzheimer's research.
- ☞ John Surritte for keeping the chapter politically informed during the pre-election season.

ALZHEIMER'S John Scott

October's contributions from the chapter were \$64. YTD donations equal \$416.70. If you have a friend or loved one you would like to commemorate, include the form below with your donation:

Chapter 378 Alzheimer's Donation \$

Make your check payable to:

NARFE ALZHEIMER'S RESEARCH

Send to: John Scott, GET ADDRESS???

For a memorial include name:

"In Memory of

Donor's Name:

Street Address

City, St., Zip

We're still collecting the bar codes from BEST CHOICE brand labels for money for Alzheimer's. bring them to a meeting or call Wendy Hambly (913-845-0121) to arrange pick up.

SERVICE OFFICER Wanda Lyons

NARFE continues to support COLA's based on fair assessments of increases in consumer prices to protect the value of federal annuities from inflation. The COLA for 2013 is 1.7% for both CSRS and FERS annuitants.

NOVEMBER 14TH MEETING - R. LEMMONS

NOTE: November's meeting moved up one week to avoid interfering with Thanksgiving plans. Mark your calendars for a NARFE Chapter 378 meeting on the 2nd Wednesday, November 14, 2012. Meet at Conroy's Pub. They will serve turkey, mashed potatoes and gravy, green beans, a cranberry salad, and a dessert for \$10. Iced tea and coffee are included. The program, Peggy Sampson with Audio Reader, begins at noon, followed by lunch and a brief meeting.

December is a Christmas Party at the Lawrence Country Club. Reservations are required, so see form on page 2. The River City Reeds will provide entertainment.

OCTOBER 17TH MEETING RECAP

Two health insurance company representatives, Kelly Bremer of GEHA and Lindsey Scott of BCBS reviewed changes for 2013 and information about their company's health benefits.. They had information available to take home. Both companies are trying to go green as much as possible; therefore, their policy information is on their websites. If you would still like a hard copy, you can request that by calling customer service. Both companies are emphasizing preventive care and healthier life styles and are offering rewards for taking online health surveys. The dental plan offered by GEHA was of interest to many members. You do not have to have GEHA health insurance to take the additional dental insurance, and unlike some other dental plans, there is no waiting period before benefits are payable.

GEHA: (800)262-GEHA BCBS: (800) 411-BLUE

MEMBERSHIP Betty Scribner

Welcome to Tucelia Palmer Hardy, employed at Haskell Indian Nations University. Drops: Robert Goombi & Frances Wagner

As membership chairman, I want to thank each of you who have retained your membership for another year. It is so important to assist those in Washington D.C. who work hard on behalf of our benefits. Another thank you to all of you who have signed up for dues withholding this year. This is a great money savings as NARFE saves the costs of printing and postage. Thank for your support of NARFE. BettyScribner, 785-865-8235 or scribner@sunflower.com.

LEGISLATIVE

JOHN SURRITTE

NARFE Legislative Hotline (24/7): 877-217-8234
U.S. Capitol Switchboard: 866-220-0044

SAVE THE DATE – Call Congress Day

Mark your calendar! **Thursday, November 15**, will be NARFE’s National Call Congress Day. The post-election session of Congress will meet in the face of the “fiscal cliff” and could take up much-delayed issues, including the postal overhaul, expiring tax provisions, Medicare reimbursements to providers and sequestration (across-the-board cuts to Pentagon and non-defense budgets).

More information, including a detailed script, will be provided via email through the Legislative Hotline and GEMS. The Hotline is also available on a toll free number, 877-217-8234.

CHAPTER 378 BALLOT for 2013

Past President, John Surritte, prepares the ballot for the election of Chapter 378 officers for 2013. If you are interested in any of the following positions, please contact John Surritte by phone (785-856-0558) or via email at: jfsurritte@hotmail.com.

OFFICE / CHAIR	CANDIDATE	PHONE #
*President	Tom Huntzinger	785-766-6717
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*2 nd Vice President	Elaine Seeman	785-331-2280
*Secretary	Dianne Throop	785-841-1408
*Treasurer	Cheryl Travis	785-841-1616
⌘Alzheimer’s Chair	John Scott	785-542-3510
⌘Legislative Chair	John Surritte	785-856-0558
⌘Membership Chair		
⌘Public Relations Ch		
⌘NARFE PAC Chair	Linda Surritte	785-856-0558
⌘NARFE Net Coor	Leonard Short	785-840-8401
⌘Newsletter Editor	Wendy Hambly	913-845-0121
⌘Service Officer		
⌘Sunshine Chair		
*elected positions ⌘appointed/volunteer positions		

NARFE HEADQUARTERS

9/21/12

The NARFE **2013 Legislative Training Conference** will be March 9-12 at the Renaissance Arlington Capital View Hotel in Arlington, VA. The conference will include plenary sessions with guest speakers and break-out training sessions. On the final day of the conference, March 12, attendees will participate in a rally on Capitol Hill, followed by meetings with members of Congress. Additional information, including registration and hotel information, will be available in the November issue of NARFE magazine and online at www.narfe.org.

OPEN SEASON for FEHBP 2013 PLANS

OPEN SEASON for Federal health, vision, and dental plans for 2013 is from November 12th through December 10th, 2012. Check page 40 of the NARFE Magazine October issue for information on changes for 2013. November and December issues will provide more information. The following websites provide information on the 2013 plans.

<http://www.opm.gov/insure/health/rates/index.asp>.

For rates for national fee-for-service plans, please visit

<http://www.opm.gov/insure/health/rates/nonpostalffs2013.pdf>. The full benefit packages for all 230 plans should be available before the end of October.

NARFE CHRISTMAS PARTY

Lawrence Country Club on **WEDNESDAY, DECEMBER 19th**, at **NOON**. Spouses and any active or retired Federal Employees are welcome.

Head count & prepayment REQUIRED, so please mail this completed form with remittance by DECEMBER 11th to:

**WENDY HAMBLY, 25029 Dehoff Dr.
 Tonganoxie, KS 66086**

NAME(S) OF THOSE ATTENDING:

- _____
- _____

(please print clearly)

Phone Number: _____

CHOICE OF MEAL(S)	# OF MEALS
The Soup, Salad, & Sandwich Buffet includes 2 daily soup selections, a variety of meats, cheeses, bread, garnishes, full salad bar, potato chips, and brownies.	
Quiche (ham, Cheddar, Broccoli) includes Fresh Fruit, and Rolls	
TOTAL # OF MEALS:	
COST PER MEAL:	X \$14.50
TOTAL REMITTANCE ENCLOSED:	

Check payable to: NARFE Chapter 378
NOTE: Beverages other than coffee or tea will be on a cash basis and subject to tax & gratuity. Also, \$2.50 of the \$14.50 covers entertainment.