



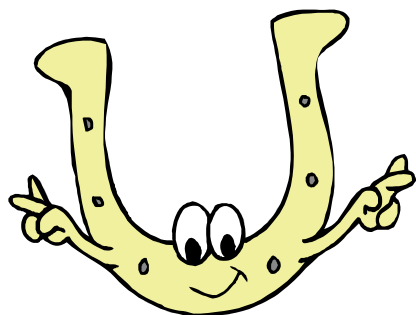
NARFE

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES ASSOCIATION



Chapter 002, Topeka, Kansas

JUNE 2013



NEXT MEETING

FRIDAY, JUNE 28TH

LOCATION TBD

PROGRAM

Michelle Kaberline

**Retired & Senior
Volunteer Program
Director**



From The President's Desk

No surprise, the KS Legislature has formally adjourned. No harm we could detect at first glance to federal retirees, and I'll leave it there. There will be off session committee meetings including Budget and TAXATION. (No rest for the wicked?) Ron Richey and I will keep an ear to the ground (sure! go ahead and try to work in that position!)

BIG QUESTION - Will we be meeting and eating again in Wesley Hall at ALDERSGATE Village on June 28? Strong possibility but just in case, when you call for reservation(s) 478-0651 let us know if the reservation is contingent on the full meal deal in Wesley Hall ~OR~ if the sandwich (and choice) at Fairlawn Nazarene Church on Fairlawn Road will be OKif a construction problem delays the move.

Galen Rapp, First Vice President continues to improve and continues to express his concern about membership. We have the new F-135 NARFE brochure and will leave a supply on the NARFE forms table at the next meeting.

Back to those reservations! Be aware of the choices, keep your fingers crossed, and I'll look forward to seeing you on June 28!

Jim Miller, President

? LUNCH MENU ? ? LUNCH LOCATION ?

Sub Sandwich

Chips, Yogurt,
Fruit, & Cookie

Coffee, Tea, Water

~or~

Hot Buffet
Dessert

Coffee, Tea, Water

Cost: \$9.00

Jim needs to hear from you
not later than June 25th.

snyderfan89@

sbcglobal.net

478-0651

Legislative News

Thanks to all the people who attended the last NARFE meeting and signed papers about them wanting to change our cost of living. I delivered the papers to the offices of Senator Roberts and Representative Lynn Jenkins and mailed papers to Senator Jerry Moran at his office in Manhattan. Have made an appointment to see Representative Lynn Jenkins on June 24th.

As I write this in May, for June, the Kansas Legislature continues in session on its 97th day. They are working to try to increase taxes and attain a consensus on a Budget.

On memberships, the VA Workers have stickers on their cars for parking, and I visited with a VA worker who was shopping.

Ron Richey, Legislative Chair

According to the 2013 Alzheimer's Disease Facts and Figures Report, 1 in 3 seniors die with Alzheimer's or another dementia in the United States.

The new report shows that while deaths from other major diseases such as heart disease, HIV/AIDS and stroke continue to experience significant declines, Alzheimer's deaths continue to rise, increasing 68 percent from 2000—2010.

Lets try and have a 100% participation,



"PENNY A POUND"



CAMPAIGN FOR ALZHEIMER'S

Sometime this month or next, weigh yourself and contribute a penny equal to your weight. Pay either in cash (*but not pennies*) or check and include name and poundage. It has been suggested that if you weigh 165 you can round it up to an even \$2.00 or even more. Scouts honor – your weight will not be divulged.

If you are unable to attend the June or July meetings, please mail me your check.

THANKS, George and Flora Spotts, Alzheimer Chairs

325 SE Rice Road, Topeka, KS 66607-2334

Minutes, Chapter 002, May 24, 2013

The meeting was called to order by **President Jim Miller** at 12:00 P.M. at the Fairlawn Church of the Nazarene. Welcome and Invocation was given by **Gale Devore** followed by the Pledge of Allegiance. A Subway Sandwich meal was offered for \$9.00.

Members Report, Paul Manning – 30 members and one guest Marilyn Kastens were in attendance, as well as our guest speaker Beth Priddy of Midland Care.

PROGRAM was provided by Beth Priddy of Midland Care. She spoke of the many benefits provided by Midland in Topeka, Lawrence and Ottawa. The benefits include: Palliative Care (pain management), Grief and Loss counseling, Adult Day Care (safe and secure), LINK (home health assistance), PACE (Program of All-Inclusive Care of the Elderly), Home Health Care (nursing), Thrive at Home (personal home assistance), Hospice and Hospice House.

Secretary Gwen Ketter – Minutes for April meeting were printed in the newsletter. No changes or corrections.

Treasurer Bill Kastens – General Fund Balance \$2,332.03; Alzheimer's Fund - \$82.00; Life Membership account - \$1,199.42; Total \$3,613.45.

Galen Rapp, 1st Vice-President and Membership – Is currently in the recovery center at Aldersgate. Galen suffered a fall and fractured two vertebrae. He also received a pacemaker.

Richard Wike, 2nd vice-President - No report at this time.

REPORTS:

Ron Richey, Legislative – report is listed in its entirety in the newsletter.

Earlene Jirik, Publicity - No report - No times at KTWU seem to fit our schedule at this time.

Helen Louise Price, Good Cheer - Was read by Jim Miller - Helen will be celebrating her 95th Birthday on the 27th. We all wish her the best.

Jim Miller reported that things were on track for the reopening of the dining room at Aldersgate on June 17th so we may be able to have our meeting there in June. He also reported that the State Convention bid for 2015 was awarded to Topeka, so we will need to begin to form our committees soon.

Next Executive Board Meeting will be 9:30 AM on May 30th.

Next NARFE General Meeting – Friday June 28th - Hopefully at Aldersgate.

George Spotts Alzheimer Chairperson: State Convention Report: Live Auction \$2,183 and Silent Auction \$2,821 Total Raised \$5,004.00.

The 50/50 drawing awarded \$9.00 to Monica Kastens, \$6.00 to Earlene Jirik and \$3.00 to Marilyn Kastens.

Meeting Adjourned at 1:37 PM.

Respectfully submitted, Gwendolyn Ketter

PINEAPPLE ANGEL FOOD CAKE (just two ingredients)

20 oz. can crushed pineapple with juice * BETTY CROCKER angel food cake mix (do not substitute)

Put dry cake mix in large bowl AND add entire can of pineapple with juice. **Mix carefully by hand** until dry mix is incorporated **(it will foam up)!** Pour into prepared 9 X 13 pan.

Bake @ 350 for 30-40 minutes. "IF DESIRED" when cooled, frost with sweetened whipping cream.

Chapter 002 Officers

President	Jim Miller	478-0651
1st Vice President	Galen Rapp	478-3701
2nd Vice President	Richard Wike	783-8122
Secretary	Gwendolyn Ketter	220-7196
Treasurer	Bill Kastens	272-2604
Member-At-Large	Paul Manning	272-6208

Other Contacts

Good Cheer	Helen Price	478-9602
Membership Chair	Galen Rapp	478-3701
Service Officer	Bill Kastens	272-2604
Editors	Joanne & Ron Miller	271-8117
Alzheimer Chairs	George & Flora Spotts	233-7108
Publicity	Earlene Jirik	266-5492