



THE SHAWNEE SIGNAL
Chapter 1162 Shawnee Mission Kansas

National Active and Retired Federal Employees Association

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www.narfe-chapter1162.org

Louise Lloyd, Editor, lalloydks@yahoo.com

Flo Biehl, Chapter President

Dear Chapter members,
Looking back to 2009 I want to express my thanks to the officers who served so faithfully. Bob on finance, Wayne as the secretary and Tom as first vice president. Harold was a faithful one serving as chaplain, Frank making sure we had the flag for the flag salute (He did other stuff too to make us more comfortable). Joyce helping in the kitchen and Harriet making sure all was well there. Tom served admirably as Membership chair and heading up the Alzheimer's project. Louis did a fine job with legislative issues and Howard was active as a service officer. Agnes kept me in line as she served as parliamentarian. Our newsletter is superb, thanks to Louise. Elizabeth did us proud as she served in the Federation as first vice president and the membership chair. Committees were super too. The nominating committee filled all the slots with people who were willing to work. The Christmas party committee did a great job. Now if we could have only made the weather not so cold and icy. Thanks to all. Your work is very much appreciated.

Now on to the new year. We have a lot of new officers and board members. Be patient with us. We are learning. We will try to do the best job ever. You can do your part by attending. Coming up with program ideas is a job I would like to have someone or more than one person fill. We have those who can't drive anymore--think about whether you could go pick them up. We can all help in many ways. Let's see what you can do.

Officers & Committees

President

Flo Biehl
913-631-5559

1st Vice President

Edward Acosta
913-322-2864

2nd Vice President

Harold Hutcheson
913-780-3073

Secretary

Louise Lloyd
913 -661-1720

Treasurer

Mary Haswell
913-322-6962

Service Officer

Howard Zion
913 236-8131

Alzheimer's

Tom Raby
913 829-6025

Legislative

Louis Bornman
913 268-8526

Membership

Tom Raby
913 829-6025

NARFE-PAC

Flo Biehl
913 631-5559

Newsletter

Louise Lloyd
913 661-1720

Webmaster

Bob Steinert
913 764-7456

Future Meeting Dates/Activities:

January 26th Chapter Meeting, 1:30 p.m., Overland Park Lutheran Church, 79th & Lowell
Program: Sandra Sullivan Shira, "How To Stay Young for the First 100 Years."

February 5th, Executive Board Meeting, Denny's Restaurant, 95th & I-35 Exit, Lenexa, adjacent to LaQuinta Hotel.

February 10th, Social Meeting at Hometown Buffet, 73rd & Quivira at 1:00 p.m. RSVP Clyde Shellhammer, 432-0091.

February 23rd, Chapter Meeting, 1:30 p.m., Overland Park Lutheran Church, 79th & Lowell,
Program: Speaker from H & R Block.

March 5th, Executive Board meeting, Denny's Restaurant, 95th & I-35 Exit, Lenexa, adjacent to LaQuinta Hotel.

March 10th, Social Meeting at Hometown Buffet, 73rd and Quivira at 1:00 p.m. RSVP Clyde Shellhammer, 432-0091.

March 23rd, Chapter Meeting, 1:30 p.m., Overland Park Lutheran Church, 79th & Lowell

Meeting Cancellation Policy for Chapter Meetings: A chapter monthly meeting will be canceled during the winter months if Shawnee Mission School District cancels classes due to inclement weather.

Note: No newsletter will be published in February.

Tom Raby, Alzheimer's and Membership

Well, we have 2009 in the can. We have gained many new members, but we still lose too many to non-renewal. With the current economic conditions all federal employees and retirees should recognize that NARFE is essential in representing our interests in Washington.

I have been active in chapter activities for many years. It is now time to pass the duties of Membership and Alzheimer's on to newer members. I will be turning over the packages of material for each to either a new chair, or to the President, by month's end. I will continue as a volunteer tax preparer.

Our year-end results on Alzheimer's contributions will be available soon and I will make sure that the President and the Newsletter Editor gets those results.

Happy New Year!

Treasurer's Report Year 2009

Operating Activities

Revenue	→	\$7,059
Chapter Dues	\$6,409	
Recruiting-Fee	4	
Interest - Money Market	3	
Interest - CD	167	
Ticket Sales (Christmas)	477	
Donations/Refunds	0	
Expenses	→	\$7,505
Newsletter & Web Site		
• Newsletter	2,973	
• Internet Web Site	165	
Meetings/Conferences:		
• Chapter	256	
• Federation	903	
• Region	767	
• National	0	
• Parties (Christmas)	696	
• Executive board	0	
Officers	28	
Committees	274	
Recruiting	0	
Federation tax	1,103	
Donations	100	
Admin. Services	75	
Misc.	15	
Cash increase or (decrease)		\$ (446)
Cash beginning of year **		\$ 3,089
Cash Balance		\$ 2,643
Investment Activities		
CD 14-month (matures Feb. 2010)		\$ 5,155
Total Cash plus CD		\$ 7,798

** sum of checking and money market accounts

OUR CHAPTER WEBSITE by Bob Steinert, Webmaster
www.narfe-chapter1162.org

The unexpected happens with web sites. I removed the Bulletin Board from our chapter's web site. The number of visitors to the page was too low by my standards. However, I found that people were still looking for a bulletin board page. So, the Bulletin Board is back on the list of pages that are available on the website's home page. Its content is about what you'd expect to find on any organization's bulletin board. That is, a miscellaneous bunch of stuff you should know about. And you too can post a message on the bulletin board. Send your message by email to the webmaster at steinertjrj@att.net. That's it!

Welcome to the Following New Members

- | | | | |
|----------------|-------------------|-------------------|----------------|
| Carol Dale | Joyce Hinz | Robert McPherson | Deborah Parker |
| Robert Fowler | Mark Huffhines | William Means | Darlene Small |
| Louise Gordier | Larry Jones | Barbara Mullen | Joan Wissbaum |
| Teresa Grint | Mary Kullberg | Josephine Neadrow | |
| William Head | Ronald Luchtefeld | Roy Noe | |

HYGIENE PERSONAL AND PERSONAL COMPUTERS – Don Roth

Personal hygiene is something we have heard about since we were young. Our mothers would always tell us to wash our hands before we ate. Today with the seasonal and H1N1 flues we are constantly reminded to wash our hands and to use the hand sanitizers anytime we have been in public and touched something that everyone touches.

Well what is true in our daily lives is equally true when you are on the public internet. Just as the flu virus is around there are viruses, malware, rogueware, trojans, worms, and spyware just waiting to attack the unsuspecting and unprepared internet suffer. So the motto is to always be prepared.

The first line of defense is to have an active antivirus program on your PC and to keep it updated. There are many good ones available on the market, some charge an annual fee and some are free for the home use only.

The second line of defense is to avoid all SPAM that you might get by deleting it and not opening these emails. Thankfully the major Internet Service Providers are becoming more proactive and stopping many of these before they reach your inbox. In many cases they move them to a special SPAM folder on their web site and keep them from ever being downloaded to your PC.

The third line of defense is to avoid POP-UPS with a good pop-up blocker again many ISP's provide such for you. But in the case you get one you DO NOT want to just click on the "X" to close/delete it. In some cases these pop-ups are so designed that clicking on it in anyway activates the virus or at the very least it is used as a phishing expedition to find true and active email accounts.

So how do you safely and securely get rid of a pop-up. There is a simple four-step process:

1. Click at the same time on CTRL-SHIFT-ESC.
2. This opens the Task Manager where you click on the Applications Tab
3. Now Highlight the offending pop-up and
4. Click on the End Task Tab

This process is illustrated in the video at the following site:

http://download.cnet.com/8301-2007_4-9936438-12.html?tag=nl.e400

This tip and many more are available at a free site www.kcsenior.net. This site is a local site maintained by the Senior Computer Users Group of Greater Kansas City. This group is a not for profit 501c3 organization, (generally known as SENCOM) and is organized to serve persons 50 years and older who use, or want to explore computer technology, to enhance their talents or learn at our classroom and meetings. The Association is supported by volunteers. A monthly meeting is held that is open to all on the afternoon of the second Friday of each month at Johnson County Community College at 1:30 p.m. We sponsor and teach the Computer Classes at the Olathe Senior Center as part of the Johnson County Recreation's 50 Plus Program.

Note: Special thanks to Don Roth one of our members for contributing this article. Don worked for HHS and Social Security and retired from the Kansas City Regional Office of Social Security in January 1998. Before working for HHS and SSA served in the US Army 2 years following college and ROTC. Since retirement Don has been active in SENCOM.

NARFE Dues Referendum

The results of the NARFE Dues Referendum have been posted on NARFE's website as follows:
"Our members have spoken: 65.41 percent voted for, and 34.59 percent voted against. Having failed to receive the necessary two-thirds majority of votes cast, the referendum was defeated.
We mailed 1,508 ballots to our chapters and delegates-at-large. Out of this total of 1,508, 224 ballots were invalid (wrong number of votes, no signatures, etc.), and 256 ballots were not returned."

NARFE Weekly Legislative Messages

As a member of NARFE you have access to NARFE's Weekly Legislative Messages to keep you apprised of the latest updates on legislation that may be affecting you as NARFE members. You can access these weekly messages in any of the following ways: Messages are posted on NARFE's website, www.narfe.org. You can call and get the weekly legislative message at 703-838-7780 and toll free 1-877-217-8234. Messages are sent to over 51,000 e-mail addresses using the Global Electronic Messaging System (GEMS). If you are not currently receiving an e-mail via GEMS, you can update or add your e-mail address on the NARFE website, under the "Membership" option accessed from NARFE's home page. Messages are also sent to NARFE Net Coordinators.

NARFE 2011 Photo Contest Reminder- Deadline February 12, 2010

NARFE Headquarters is still accepting photos for the 2011 NARFE Calendar until February 12, 2010. All photos must be 8" x 11" horizontal size and each entry must have the following information on a piece of paper stuck or taped to the back of the photo: Name, Address, Chapter Number and Phone Number or E-mail Address. No photos of pets or children are allowed. Neither e-mail or Polaroid pictures will be accepted. Only the work of amateurs will be accepted. No more than five (5) photos should be submitted. Send your photos to: NARFE Headquarters, Public Relations Department, 606 N. Washington Street, Alexandria, VA 22314. If you have any questions, call NARFE PR, 703-838-7760, ext 268, or e-mail: pubrel@narfe.org. (Information is from NARFE website.)

Your January Shawnee Signal

National Active and Retired Federal
Employees Assoc. 1162
16219 W 136th Street
Olathe, KS 66062-1960



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NARFE Chapter 1162 Shawnee Mission Kansas