

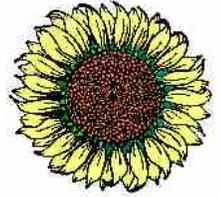


THE WYANDOTTE SCOUT

Sunflower Chapter 1160, Kansas City, KS

Byron Nichols, Editor byron666@earthlink.net

March, 2008 (Volume 33, Number 3)



NEXT MEETING: 11:00 A.M., Friday, 3/14/08 at the Pat Hanlon Senior Center, 1101 Ridge Ave., KCK (Weather Permitting! ... In case of bad weather, try calling our President, VP or Service Officer at number on back page.)

For those of you with computers: Look for the newsletter on www.KSNARFE.org in Item #14, in COLOR.

February Meeting: Eight members played Bingo with five prize winners. Eleven attended the pot luck luncheon. Twelve members attended the meeting. Secretary TJ Robinson presided at the business meeting by acclamation due to the absence of both our president and VP. The minutes of the February meeting were read, correspondence were presented, the Treasurer's report was read and bills were paid. Birthday greetings were sung to Lillian Green. Our advertisement for the convention program was approved. The secretary presented a preview of some of the proposed by-laws to be presented at the convention; one of which is an increase in the chapters' per-capita tax due to the Kansas Federation needs more operating capital.

The drawings were held: ticket #479628, Kathy Zunick, won \$3.75, and attendee number 5, Ada Nichols, won \$5; both were donated to Alzheimer's. No one was available to cosign our contribution check, so this will have to wait until the next meeting. So far this year the chapter has sent **\$48.75** to the Kansas Federation Alzheimer's coordinator.

If any member who doesn't attend meetings wishes to contribute to the Alzheimer's Fund, you can send a check to the Treasurer (see the address on the back cover of the Scout). **Please make checks out to "NARFE Chapter 1160"**. We'll forward the contribution to the state coordinator and mention you with a thanks in the Scout. Thanks to all.

Membership Update: Deceased: Betty G. Everett, 83 (2/4/08, widow of USPS retiree); Kenneth E. Mahoney, 75 (2/11/08, USPS).

Members with birthdays in March are:

John A Barrett
Rachel J Brady
Margaret Flattery
Robert L Flattery
Vernon Gibbons
Edna I Gunther
Della E Jordan

Nevada Kibble
Francis L Merritt
Theresa M Ruzick
Betty J Shannon
Yusuf Shareef
Anastasia J Sutulovich
Barbara L Wells
BOLD = attends most meetings

The 14 members above have an age range of 70 to 94 and an average age of 81.6. Congratulations! If you were born in March and not in the above list, please notify the editor at the return

address on the last page or e-mail address in the masthead above.

Note to members: Dues Withholding saves the national organization money and it saves you at least \$5 over annual dues. You don't have to remember to write that check or risk being dropped. Applications are in the NARFE magazine each month.

Future Meetings: At ALL meetings, if anyone would like to come early enough before lunch (say, by 11 A.M.), we plan to play Bingo with prizes for the winners. Please Come!

Legislative, Financial and Health News (summarized from FEDWeek Bulletins and NARFE Legislative Hotlines):

Congress: Both of NARFE's legislative priorities gained cosponsors in the House: Premium Conversion added three, for a total of 307; GPO/WEP repeal gained two for a total of 339. These numbers are really only important if they can convince the powerful Ways and Means Committee to favorably pass these bills to the House floor and also get the Senate to act.

On February 13, the President signed the economic stimulus legislation. The number of eligible retirees was increased in the final bill, in part due to work by NARFE and a partner, the Leadership Council of Aging Organizations. Checks are expected to be cut sometime after April. Full details will appear in the April NARFE magazine.

The primaries and caucuses are well on their way, and many House and Senate seats will probably be affected. Due to retirements and resignations, the next Congress will have at least 37 new Representatives and five new Senators.

TSP Funds: All three stock-based funds were down for January, with the international (I) fund losing 8.52%, the small-cap stock (S) fund down 6.27% and the large-cap stock (C) fund down 5.98%. The bond (F) fund gained 1.76% and the government securities (G) fund gained 0.33%. The 23-month returns for these funds were, respectively, 0.62%, -4.13%, -5.98%, 8.98% and 4.76%. The January and 12-month returns for the Lifecycle funds were: Income, 0.97 & 3.89%; 2010, -2.07 & 3.27%; 2020, -3.9 & 1.46%; 2030, -4.71 & 0.67% and 2040, -5.37 & 0.06%.

DATED MEETING NOTICE

**<ID#> 1160 <ExpDt>
 <FirstMid> <LastNm>
 <Addr1> <Addr2>
 <City>, <State> <Zip9>**

THE STORY OF CREATION

In the beginning God populated the earth with broccoli and cauliflower and spinach, green and yellow and red vegetables of all kinds, so Man and Woman would live long and healthy lives. Then using God's great gifts, Satan created Krispy Creme and Winchell's Doughnuts . . .

And Satan said, "You want chocolate with that?" And Man said, "Yea." And Woman said, "And another one with sprinkles." And they gained 10 pounds.

And God created the healthful yogurt that Woman might keep the figure that man found so fair. And Satan brought forth white flour from the wheat, and sugar from the cane, and combined them. And Woman went from size 2 to size 16.

So God said, "Try my fresh green salad." And Satan presented Thousand-island Dressing and garlic toast on the side. And Man and Woman unfastened their belts following the repast.

God then said, "I have sent you heart healthy vegetables and olive oil in which to cook them." And Satan brought forth deep fried fish and chicken-fried steak so big it needed its own platter. And Man gained more weight and his cholesterol went through the roof.

God then brought running shoes so that his children might lose those extra pounds. And Satan gave cable TV with a remote control so Man would not have to toil changing the channels. And Man and Woman laughed and cried before the flickering light and gained pounds.

Then God brought forth the potato, naturally low in fat and brimming with nutrition. And Satan peeled off the healthful skin and sliced the starchy center into chips and deep-fried them. And Man gained pounds.

God then gave lean beef so that Man might consume fewer calories and still satisfy his appetite. And Satan created McDonald's and it's 99-cent double cheeseburger. Then he said, "You want fries with that?"

And Man replied, "Yea! And super size 'em." And Satan said, "It is good." And Man went into cardiac arrest.

God sighed and created quadruple bypass surgery.
 and Satan created HMO's

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Membership Rosters are available in an 8.5" x 11" format. Drop me a note with \$1.00 each to offset printing and postage (My address is on the return address above).

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OPM Retirement Information Center:
 Write to PO Box 45, Boyers, PA 16017-0045 or phone 1-888-767-6738. Remarriage, divorce, death of spouse, change of address or financial institution or amount of life insurance under FEGLI (among many other services)

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NARFE Headquarters: 1-703-838-7760
 (7 am to 3:45 pm Central Time) Call to get official forms at this number. See the NARFE magazine for various web addresses. Also, be sure to notify NARFE for address changes, deaths, etc. at 1-800-456-8410.

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OPM Annuitant Express
 To start, stop or change withholdings or get a duplicate 1099-R: Call 1-800-409-6528; or on the web at www.opm.gov/retire (you must apply for a pin # to change your allocations).

Chapter Officers		
President	E. Regina Barger	913-342-8256
Vice-President	LaVerne Robinson	913-371-7720 save900@aol.com
Recording Secretary		913-371-7720
Public Relations	Theodore J Robinson	save900@aol.com
Service Officer		
Treasurer		816-333-5151
Newsletter Editor	Byron Nichols	byron666@earthlink.net
Roster		
Alzheimer's Chair	Kathy Zunick	913-281-3335
Membership Chair	Shirley Newman	913-334-2544

Reminder: Please send us your "Best Choice" UPC codes when you get a bunch! (It's not worth using 41 cents to mail one or two!) We get \$30 per 1000 codes (3 cents per code), plus an additional \$30 bonus once a year. The money goes to Alzheimer's Research. Send them either via a member you know who goes to the meetings or to the address in the return address block. ** Remember, we need only the bar codes, not the whole label. Saves \$\$.

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