



THE WYANDOTTE SCOUT

Sunflower Chapter 1160, Kansas City, KS

Byron Nichols, Editor

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April, 2007 (Volume 32, Number 4)

NEXT MEETING: 11:00 A.M., Friday, 04/13/07 at the Pat Hanlon Senior Center, 1101 Ridge Ave., KCK

For those of you with computers: Look for the newsletter on www.KSNARFE.org in Item #14, in COLOR.

March Meeting: Seven members played Bingo prior to the meeting, with \$6 given in prizes. We then had our usual pot-luck lunch followed by the business meeting. Correspondence and the treasurer's report were read and bills were paid.

Our President, Regina Barger attended this year's Legislative Conference in Bethesda, MD in March. Seven others at the conference also represented Kansas.

Wanda Collins won the registration drawing and Carolyn Taylor won the ticket drawing. Proceeds were returned for Alzheimer's. **If any member who doesn't attend meetings wishes to contribute to the Alzheimer's Fund, you can send a check to the Treasurer (see the address on the back cover of the Scout). Please make checks out to "NARFE Chapter 1160".** We'll forward the contribution to the state coordinator and mention you with a thanks in the Scout. This month the chapter forwarded \$268 to the Alzheimer's Chair, including \$60 from Best Choice UPCs and \$190 in sales of raffle tickets for a baby quilt. The chapter has forwarded \$286.50 to the Kansas Federation Alzheimer's Chair so far for 2007. Thanks to all. We will still sell raffle tickets during the Meditz Memorial Luncheon next month prior to the drawing.

The April meeting will consist of the Joe Meditz Memorial Luncheon only; no general business meeting. Entertainment is provided by the 12th Street Revue Band (Gershwin, Jelly Roll Martin, Polka, etc.). The luncheon will be catered by Two Hens

& a Rooster at no cost to attendees. The menu will consist of:

Baked Chicken Breast w/Mushroom Gravy
Roasted Beef Brisket
New Potatoes
Normandy Vegetables
Spinach & Romaine Salad w/Raspberry Vinaigrette Dressing
Assorted Dinner Rolls & Butter
Pound Cake w/Sliced Strawberries
Peach Tea (sweet or unsweet) or Coffee.

See the advertisement on the last page for more information about the luncheon activities.

Future Meetings: We have again decided to sell chances on a baby quilt for Alzheimer's', the drawing for which will be held at the April meeting after the Joe Meditz Memorial Luncheon. Various members will be selling the tickets, which may be purchased for \$1 each or 6 for \$5. **Anyone desiring to purchase tickets by mail, please send a check made out to "NARFE Chapter 1160" and include your phone and address so we may fill in the drawing stub and contact you if you win.**

At ALL meetings, if anyone would like to come early enough before lunch (say, at about 11 A.M.), we plan to play Bingo, with PRIZES for the winners. Please Come!

Membership Update: Rejoined: Mary C Bellamy of Tonganoxie, KS. Transferred to another Chapter: Lillian H Black of Roanoke, VA (to #0111). Deceased: None this month. Dropped for Non-Renewal: Frederick W Mahler of KCK

and Michael C McDonnell and Nadine J Newton of Bonner Springs, KS. Second notices sent to Charles K Krueger, Rex R Michel and Carolyn A Taylor of KCK. If these people intend to stay members, please send dues to the NARFE national office ASAP (see NARFE magazine for the address).

Note to members: Dues Withholding saves the national organization money and it saves you almost \$5 over annual dues. You don't have to remember to write that check or risk being dropped. Applications are in the NARFE magazine each month.

Members with birthdays in April are:

Estelle R Barger	Louise E Foster
Jeremiah Bennett	Dorothy O Guest
Annabelle Bruce	Henry L Holliday
Wanda L Campbell	Homer A Johnson
Virginia L Chiles	Irma L Palmer
Alma L Clark	Albert C Relic
Howard L Crews	Jimmie Richard
Geraldine E Darden	Peggy Mae White
Frank A DeSeure	Iris E Wiggins
Betty G Everett	David Wilkins
Norma L Finn	William L Williamson

Bold = Attends most meetings

The 22 members above have an age range of 65 to 93 and an average age of 84. Congratulations! If you were born in April and not in the above list, please notify the editor at the return address on the last page or e-mail address in the masthead above.

Legislative, Financial and Health News (summarized from FEDWeek Bulletin and NARFE Legislative Hotlines):

COLAs, CPI, Pay Raise: Even though the CPI-W rose 0.5% in February, the index determining the next COLA is still 0.3% below the figure for last September. There would be NO reduction in benefits if the index doesn't raise above the last year's level. The index that FECA uses, based on calendar year, is now 0.7% above the December, '06 level.

Health Benefits (FEHBP): Both the congressional Budget Office (CBO) and administration have proposals to possibly reduce health benefits or contributions for premiums, especially for those retirees who worked for the government for less than 10 years. Nothing yet has been finalized or introduced to Congress, and these proposals are very preliminary, but they need to be watched for carefully!

Congress: See the April issue of the NARFE magazine for a summary of the 2008 budget proposals, Premium Conversion legislation, GPO/WEP and other good topics. Both the Premium Conversion and GPO/WEP bills have added cosponsors, but the real push should be to get an actual up or down vote on the floor of both the Senate and House. The good news is that more cosponsors this year are on the Ways & Means committee, which is responsible for bringing the bills to the floor.

TSP Funds: The bond fund (F) led the TSP's funds in February, gaining 1.53%. The government securities (G) fund was up 0.34% and the international (I) fund up 0.18%. The small stock (S) fund was down 0.26% and the large company (L) fund was down 1.95%. Twelve-month returns are, respectfully, 5.6%, 4.98%, 21.11%, 12.27% and 12.05%

Reminder: Please send us your **"Best Choice"** UPC codes when you get a bunch! (It's not worth using 39 cents to mail one or two!) We get \$30 per 1000 codes (3 cents per code), plus an additional \$30 bonus once a year. The money goes to Alzheimer's Research. Send them either via a member you know who goes to the meetings or to the address in the return address block. **Thanks to everyone for their submissions!** * * * *
Remember, we need only the bar codes, not the whole label. Saves postage.

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OPM Retirement Information Center:

Write to PO Box 45, Boyers, PA 16017-0045 or phone 1-888-767-6738. Remarriage, divorce, death of spouse, change of address or financial institution or amount of life insurance under FEGLI (among many other services)

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NARFE Headquarters: 1-703-838-7760

(7 am to 3:45 pm Central Time) Call to get official forms at this number. See the NARFE magazine for various web addresses. Also, be sure to notify NARFE for address changes, deaths, etc. at 1-800-456-8410.

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OPM Annuitant Express

To start, stop or change withholdings or get a duplicate 1099-R: Call 1-800-409-6528; or on the web at www.opm.gov/retire (you must apply for a pin # to change your allocations).

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Membership Rosters are available in an 8.5" x 11" format. Drop me a note with \$1.00 each to offset printing and postage (My address is on the return address above).

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Our Chapter Officers:

President	E. Regina Barger	913-342-8256
Vice-President	LaVerne Robinson	913-371-7720 save900@aol.com
Recording Secretary		913-371-7720
Public Relations	Theodore J Robinson	save900@aol.com
Service Officer		
Treasurer		816-763-4729
Newsletter Editor	Byron Nichols	byron666@earthlink.net
Roster		
Alzheimer's Chair	Kathy Zunick	913-281-3335
Membership Chair	Shirley Newman	913-371-4444

YES, I'M A SENIOR CITIZEN

- I'm the life of the party ... even if it only lasts until 8 p. m.
- I'm very good at opening childproof caps with a hammer.
- I'm usually interested in going home before I get to where I'm going.
- I'm awake many hours before my body allows me to get up.
- I'm smiling all the time because I can't hear a thing you're saying.
- I'm very good at telling stories; over and over and over and over ...
- I'm aware that other people's grandchildren are not as cute as mine.
- I'm well cared for: long term care, eye care, private care, dental care.
- I'm not grouchy, I just don't like traffic, crowds, politicians.
- I'm sure everything I can't find is in a secure place.
- I'm wrinkled, saggy, lumpy -- and that's just my left leg.
- I'm having trouble remembering simple words like _____
- I'm realizing that aging is not for wimps.
- I'm sure they are making adults much younger these days; and when did they let kids become policemen?
- I'm wondering, if you're only as old as you feel, how could I be alive at 150?
- I'm a walking storeroom of facts ... I've just lost the key to the storeroom door.

Yes, I'm a SENIOR CITIZEN and I think I am having the time of my life!

Now if I could only remember who sent this to me, I would send it to many more! Have I already sent this to you?

NARFE (Natl. Active & Retired Fed. Emp. Assn.)
Sunflower Chapter No. 1160 [Editor]
9000 Holly Street
Kansas City, MO 64114-3528

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<City>, <State> <Zip9>

*** FREE FOOD * FREE FOOD ***

Invitation to attend the **second** annual

Josef Meditz Memorial Luncheon

Friday, April 13, 2007 at the Pat Hanlon Senior Center
1101 Ridge Avenue, Kansas City, KS
(one block north of Central under the Fire Station)

Come early (10:30 A.M. or so) for meet-&-greet or other activities

We plan to play **Bingo** starting about 11 A.M.

Lunch will be served starting at Noon

Entertainment will be provided by "The 12th Street Revue Band" at about 1 P.M.

This will be the second annual luncheon honoring Josef Meditz, 12-year Chapter President (1976 to 1987) and recruiter of over 100 members. He was a member for 35 years, from March, 1970 until his death in October, 2004, and performed this Chapter a great service.

We welcome any current and former member of this Chapter, especially those who were members while Joe was President, to attend.

The luncheon will be catered and is to be funded by a bequeath to the Chapter from Joe's estate, therefore, it is **FREE** to all participants.

If you need a driver or family member to bring you here they will also be welcome.

Those who wish to attend will need to call or e-mail our Vice-President ASAP (by March 31st) so the caterer will have enough food for everyone. We will only prepare for the first 50 people who respond here or to our calling list. If your plans change after reservation, please call to cancel. Always leave a message and phone number where you can be reached.

Contact LaVerne Robinson at 913-371-7720 or e-mail at 'save900@aol.com'.

Please RSVP ASAP !!

We also need any pictures or memorabilia from activities which you attended with Joe, or the names of anyone whom Joe recruited. Anything you wish to keep will be returned.

Contact V.P. LaVerne Robinson, as above, with any memorabilia.