



**Sunflower Chapter 1160  
Kansas City, KS  
Byron Nichols, Editor**

**JULY MEETING:  
11:00 A.M., Friday, 07/09/10**

**AUGUST MEETING:  
11:00 A.M., Friday, 08/13/10**

**Both at the Pat Hanlon Senior Center,  
1101 Ridge Ave., Kansas City, KS**

Chapter Officers		
President	E. Regina Barger	913-(movIng...)
Vice-President	LaVerne Robinson	913-371-7720 save900@aol.com
Recording Secretary	Wanda Collins	913-621-3849
Public Relations and Service Officer	Theodore J Robinson	913-371-7720 tjrobinson357@aol.com
Treasurer, Roster and Newsletter Editor	Byron Nichols	816-333-5151 byron666@earthlink.net
Alzheimer's Chair	Kathy Zunick	913-281-3335
Membership Chair	Shirley Newman	913-334-2544

**May Meeting:** About 10 persons played 6 Bingo games prior to the luncheon. 12:10pm to 1:10 pm was the pot-luck luncheon. The contributed food was excellent, as usual.

The business meeting, attended by 1 members and 1 guest, started at 1:20 pm. It started with prayer by chaplain Birdie Allen followed by the flag salute. Birthday wishes were sung for LaVerne Robinson. Minutes for the March meeting were read by secretary pro-tem T.J. Robinson. There were no minutes for the April meeting due to the Memorial observances. The treasury report was read by treasurer Byron Nichols and submitted for audit. There was no correspondence for May. Bills previously paid, relating mainly to the Meditz Luncheon, were authorized and other bills were authorized and paid. Alzheimer chairperson Kathy Zunick reported she only had about 200 UPCs toward the next set of 1000 and encouraged the membership to send in some more. Sunshine chairperson Ernestine Smith made numerous phone calls to members with birthdays, most of whom were over 80, and that most individuals contacted appreciated the call.

The Alzheimer's ticket drawing for \$6.25 went to #480810, Carolyn Taylor. The attendance drawing for \$5 went to #14, T.J. Robinson. Both were contributed to the Alzheimer Fund. The ticket drawing, attendance drawing and money given from Bingo winnings made a total of \$23 collected this month. So far this year the chapter has sent **\$169.00** to the Kansas Federation Alzheimer's coordinator (about \$0.70 per official member).

The meeting ended about 2:15 pm.

**June Meeting:** About 8 persons played 6 Bingo games prior to the luncheon. Noon to 1:00 pm was the pot-luck luncheon, which was excellent, as usual.

The business meeting, attended by 11 members, started at 1:05 pm. It started with prayer by chaplain Birdie Allen followed by the flag salute. No birthdays occurred for members who attended. Minutes for the May meeting were read by secretary Wanda Collins. The treasury report was read by treasurer Byron Nichols and submitted for audit. There was no correspondence for June. Bills were authorized and paid. The Sun-

shine chairperson, Ernestine Smith, called 12 members with birthdays in the prior month, with one bad phone number. All called appreciated the talk. The Alzheimer's chairperson Kathy Zunick reported she now has 300 UPCs, and needs more if we are to get 1000 prior to year's end.

We discussed the "picnic" held at the July meeting. We decided to have it at the senior center again where it is usually cool instead of spending funds to reserve a hot spot at the county lake. So far, members are bringing the following food-stuffs: Fried chicken, hot dogs & buns, potato salad, baked beans, slaw, chips, pickles, condiments, homemade cookies, cake & pie and canned sodas. Anyone who wants to attend may also bring something or, as usual, contribute a little scratch to the kitchen fund to buy plates, napkins, coffee, etc. We also plan to play Bingo, dominoes, or whatever prior and/or after the lunch. There will be no formal business meeting in July.

The Alzheimer's ticket drawing for \$6.10 (half the collection) went to #480852, Carolyn Taylor, and was contributed to the Alzheimer fund. The attendance drawing for \$5 went to #11, Carolyn Taylor again, and was retained. The ticket drawing and money given from Bingo winnings made a total of \$17.65 collected this month. So far this year the chapter has sent **\$186.65** to the Kansas Federation Alzheimer's coordinator (about \$0.77 per official member).

The meeting ended about 1:50 pm.

**Membership Update:** Deceased: None since April 9. New Members: two; Gay E Warner-Briggs and James E Neumann, both of KCK; Welcome!. Rejoined: Anna M Stillman, KCK, after 6 years; welcome back!. Dropped: four. Transferred to another chapter: one. We now have only 235 members.

Note to families of members: When a member passes on, please be sure to contact the chapter's Service Officer (T.J. Robinson, 913-371-7720 or tjrobinson357@aol.com) for assistance for which agencies to contact (such as OPM) or forms to file. Also so that we may contact NARFE headquarters to either stop dues billing or withholding or to transfer membership to a widow or widower. Thank You.

Members with birthdays in **July** are:

Alfred W Bridgeman	Norma J Kelly
Edward F Burgess	Christine A Leaf
Helen I Burke	Florence Lockridge
Gerald E Congrove	William N Moore
Corinne P Culp	Betty J Morrison
Jack U Decaigny	Donna L Piersee
Donald L Edwards	<b>Theodore J Robinson</b>
Richard D Fairbanks	Muriel Y Rucker
Ann J Felich	James C Welter
Lola M Forbes	GuyAnne Wilkins
Helen M Huff	Elzora L Williams
Zeilla M Jester	Dorothy F Witte

Members with birthdays in **August** are:

Lula B Anderson	Violet R Jones
Clifford T Bauhard	John M Kraly
Barbara A Bennett	Rose Ann Krzesinski
Noah Bland	Willis O McCord
Susan E Clark	Richard E Miller
Bertha L Cole	Caroline J Pippin
Anna W Hamm	Doris E Priest
Adelaide E Hartung	Betty E Robinson
<b>Henrietta L Horseman</b>	Frances K Sachen
Kenneth M Jones	<b>Kathryn A Zunick</b>

**BOLD** = Attends many meetings yearly

The 44 members above have an age range of 65 to 94 and an average age of 83. Congratulations! If you were born in July or August and not in the above list, please notify the editor at the return address on the last page or e-mail address in the chapter officer list.

====+====+====+====+====+====+====+====

Remember -- for ALL meetings, if you wish to play Bingo, bring your nickels & dimes. We usually play from just after 11 AM until lunch. Please Come! (We **can** make change for \$1 bills!)

====+====+====+====+====+====+====+====

### **Legislative, Financial and Health News (summarized from FEDWeek Bulletins and NARFE Legislative Hotlines):**

**Congress:** Some lawmakers are attempting to legislate a pay freeze for 2011 by denying the proposed 1.4% raise in January. So far, attempts to attach the freeze to 'must pass' legislation has either failed or been tabled in one house or the other. NARFE president Baptiste encourages members to contact their legislators and encourage them NOT to pass a pay freeze.

**Health News:** Attempts to increase the age of dependent children of federal workers and annuitants to be covered thru FEHBP from 22 to 26 (to match private plans' requirements under Obamacare) have so far been stymied. Legislators have tried to attach the proposal to various bills, just as the pay freeze mentioned earlier, but have failed so far due to objections from various legislators from both parties. A compromise is thought to be coming soon.

**TSP Funds:** Following are the latest returns, as of June 1, 2010 for the TSP funds:

Fund	YTD Rate	12-mo Rate
G (gov't)	1.37	3.25
F (bond)	3.78	8.48
C (large)	-1.49	21.09
S (small)	6.56	34.21
I (int'l)	-12.55	5.52
Lifecycle		
Income	0.70	6.84
2010	0.68	8.00
2020	-1.11	13.01
2030	-1.49	15.21
2040	-1.91	16.89

**CPI/COLA News:** May's CPI-W increased 0.1% from April, but still lower than the base of September, '09 of -0.6%. Benefits awarded under FECA are adjusted on a calendar year basis, and

are 1.06% higher than December, '09.

If any member who doesn't attend meetings wishes to contribute to the Alzheimer's Fund, you can send a check to the Treasurer (see the address on the back cover of the Scout). **Please make checks out to "NARFE Chapter 1160"**. We'll forward the contribution to the state coordinator and mention you with a thanks in the Scout. Thanks to all.

Note to members: Dues Withholding saves the national organization money and it saves you about \$4.40 over annually paid dues (\$30.60 national plus chapter vs. \$35.00). You don't have to remember to write that check or risk being dropped. **64%** of our members required to pay dues are already using withholding, why not you? Applications are on the NARFE website: [www.narfe.org](http://www.narfe.org).

= = = = =

**Membership Rosters ...** are in an 8.5" x 11" format. Drop me a note at the return address block with \$2.00 each to offset printing and postage.

= = = = =

#### **OPM Retirement Information Center:**

Write to: PO Box 45, Boyers, PA 16017-0045.  
Phone: 1-888-767-6738 (1-88USOPMRET)  
M-F, 6:30 AM to 7:45 PM Central Time.  
Hearing impaired TDD# is 1-800-878-5707.  
On the Web: [www.opm.gov/retire](http://www.opm.gov/retire).

Remarriage, divorce, death of spouse, change of address or financial institution or amount of life insurance under FEGLI (among many other services)

= = = = =

#### **NARFE Headquarters: 1-703-838-7760**

(7 am to 3:45 pm Central Time)

Call to get official forms at this number. See the NARFE magazine for various web addresses. Also, be sure to notify NARFE for address changes, deaths, etc. at 1-800-456-8410 or [memberrecords@narfe.org](mailto:memberrecords@narfe.org).

= = = = =

#### **Other numbers of Interest:**

Military Retirees: 800-321-1080  
V.A.: 800-827-1000 TSP: 877-968-3778  
Social Security: 800-772-1213

= = = = =

**Reminder:** Please send us your "**Best Choice**" UPC codes when you get a bunch! (It's not worth using 44¢ to mail one or two!) We get \$30 per 1000 codes (3¢ per code), plus an additional \$30 bonus once a year. The money goes to Alzheimer's Research. Send them either via a member you know who goes to the meetings or to the address in the return address block. Remember, we need only the bar codes, not the whole label. Saves \$.

**NARFE Sunflower Chapter 1160**  
c/o Byron Nichols, Editor  
9000 Holly Street  
Kansas City MO 64114-3528

**NONPROFIT ORG**  
**US POSTAGE PAID**  
**KANSAS CITY KS**  
**PERMIT NO 106**

**DATED MEETING NOTICE**

**RETURN SERVICE REQUESTED**

**ID#: <ID#>**  
**<FirstMid> <LastNm>**  
**<Addr1> <Addr2>**  
**<City> <State> <Zip9>**